

NATIONAL SERVICE SCHEME ACTIVITIES

2019-20 (UNIT NO.67-TOTAL STRENGTH-200)

- 1. World Environment day
- 2. One Volunteer; One Plant
- 3. Sahapadikku Oru Snehasparsam
- 4. Blood donation Awareness Day
- 5. Yoga Day
- 6. Suryanamaskar Demo
- 7. Suchitwa prathinja
- 8. Blood Donation Camp
- 9. Campus Cleaning -Kalalaya Sucheekaranam-
- 10. Debat-Reading habits and Social Media-
- 11. Antidrug Awareness Seminar and Campaign
- 12. Hiroshima Day
- 13. Antiragging Awareness Programme.
- 14. Legal Awareness Campaign
- 15. Independence Day
- 16. Suchitwa Sandesha Rally
- 17. Valicheriyal Muktha Campus
- 18. Suchitwam Kaikaleloodae
- 19. Debate 'Suchitwa bhodhavum agolavalkaranavum'-
- 20. Valicheriyal Muktha Kalalayam-- Campus to Community-
- 21. Flood relief collection drive
- 22. Flood relief Activities
- 23. Kaithari Day
- 24. 'Vishappurahitha Konni'
- 25. Seminar on Financial Literacy
- 26. Leadership Training
- 27. Teachers Day
- 28. Ozone Day
- 29. Awareness on 'Plastic Waste Management'
- 30. Cleanliness awareness survey (Suchitwa bodhvalkara survey)
- 31. Distribution of Vegetable Saplings (Pachakkari thai vitharanam)
- 32. Green Protocol (Haritha Niyamamgal) Awareness Campaign
- 33. NSS @50
- 34. Gandhiji @150 Suvarna jubilee rally
- 35. Snehasanthwanam'-Old age Home visit
- 36. 'Adharavu'-Honoring former programme officers
- 37. Gandhi Jayanthi Day-Ring road cleaning
- 38. 'Naipunyam'
- 39. Pen Drive'
- 40. Orientation programme

- **41.Awareness class on Disaster Management by Fire force Department-**
- **42.One day Mini Camp**
- **43.Skill Development programme.**
- **44.Naipunyam oru kaithanginu vendi**
- **45.Pamba Cleaning Drive**
- **46.Sabarimala Duty ‘Sudharasanam’**
- **47.Republic Day**
- **48.Clean Campus Programme**
- **49.Rashtreeya Eaktha Prathinja**
- **50.Fit India Yoga Demo.**
- **51.‘Kilikalkku Dhahajalam’**
- **52.Blood Donation Camp**
- **53.Womens Day**
- **54.Sannadham Registration Campaign**
- **55.Naipunyam oru kaithanginu vendi**
- **56.Pusthakakkodu**

NSS ACTIVITIES 2019-20









Report of Seven Day Camp

‘SUARNAM 2019’

57.Suvarnam 2019-Special Camp-Suvarnam 2019 were held from 20th to 26th December 2019 at Sree Narayana Public School, Konni. The inauguration of the Suvarnam 2019’ were held on 20th December 2019. Adv. K.U.Janeesh Kumar, MLA, Konni legislative assembly inaugurated the camp. Sri.D Anil Kumar, RDC Convener, SNDP Yogam college, Konni presided over the function. Sri.Praveen Plavilayil, Vice president, Konni Grama Panchayath inaugurated the distribution of cloth bags to Konni Gramapanchayath.

58.Physical Fitness activity The physical fitness activity were conducted every morning 5.00 am to 6.00 am. The programme included different physical fitness activities and Soorya namaskar demo which will be useful for the volunteers in their daily life. Group dynamic session were held on the first day of the special camp by Dr.Shaji N Raj, programme officer. The volunteers were grouped in to five groups Sathyam, Dharmam, Neethi, Karunyam and Sneham. The programme was a very energetic to the volunteers.

59.Parade/flag hosting The parade were held in the camp venue every morning 6.00 am to 7.00 am. The NSS volunteers previously served in NCC have given training for the parade. After the parade the volunteers were assembled to host the NSS flag at 7.00 am.

60.‘Yuvathalamurayum Lahariyum’ Seminar on the topic ‘Yuvathalamurayum Lahariyum’ (Antidrug awareness class) were delivered by Sri.Hariharan Unni, Civil Excise Officer Adoor on 21st December 2019. The session was very informative and mind blowing with full of values and thought provoking examples.

61.‘Yuvathalamurayum aahara sheelangalum’ The debate on the topic ‘Yuvathalamurayum aahara sheelangalum’ (Youth and Food habits) were held on 21st December 2019. The debate enlightened the importance of natural food and the need of avoiding junk foods.

62.Suchitwa survey (Cleanliness survey) The survey were held on 22nd December 2019 in different wards of Konni Gramapanchayath by the NSS volunteers. The volunteers visited the houses and given awareness on the importance of waste management system and highlighted the impacts of burning plastic waste

63.Valicheriyal muktha gramam (Distribution of Cloth bags) Volunteers were visited in each houses in the Konni Gramapanchayath on 22nd December 2019 and handed over the cloth bags. They advised to use cloth bags and reduce the use of plastic bags and thereby environment pollution.

64. Clean drive -Clean Drive were held in the camp venue and nearby colony on 22nd December 2019. The programme has a very good impact on the society. Volunteers were actively participated in the cleaning drive.

65. Soft skill training-Naipunyam- The training programme for making pen, soap, lotion etc were held for giving training to all the campers held on 22nd December 2019. The volunteers showed their skill in learning each step of training programme.

66.Awareness class on Blood donation The class were taken by Sri.Biju Kumbazha, President, Blood Donors Kerala, Pathanamthitta Chapter on on 22nd December 2019 from 6.00 pm onwards. The talk was very informative to the volunteers.

67.Seminar on ‘Law and Society’ The seminar on the topic ‘Law and Society’ were delivered by Sub. Bilkul G R,Secretary/Subjudge, District Legal service Authority, Pathanamthitta on 23rd December 2019 from 10.00 am onwards. The class was very enlightened.

68.Leadership training Seminar on the topic ‘Leadership training’ were delivered by Dr.Biju Pushpan, Principal, SAS SNDP Yogam College, Konni. It was an informative session for the volunteers on 23rd December 2019.

69.Debate Yuvathalamurayum moolyabodhavum (Youth and moral values) After the tea break the session ‘Yuvathalamurayum Moolyabodhavum’ were delivered by Prof. Praveen Kumar V S, Syndicate Member M G University, Kottayam on 23rd December 2019. The session was very informative.

70.Adavi cleaning Drive volunteers were went to Adavi for the cleaning drive on 24th December 2019 on 10.00 am. Volunteers were conducted a mass cleaning drive at Peruvalli two kilometers away from Adavi Ecotourism Center and collected plastic bottles and waste s from both sides of the road and to Adavi. The awareness campaign was also held at Adavi. Volunteers planted bamboo tree saplings at the sides of the lake.The volunteers spend the whole day in Adavi for protecting the nature waste free and by 4.00 pm reached the camp site.

71.Seminar on ‘Cyber Laws’ The session was held on 25th December 2019 at 2.00 pm by Sri. Ashad S, Circle Inspector of Police, Konni was very brain storming and active participation of the volunteers were also involved.

72.Ammayae Ariyan (Value added programme) The session ‘Ammayae ariyan’ were delivered on 25th December at 5.30 pm by Prof. Shaji N Raj, Programme officer of National Service Scheme the session was very heart touching.

73.‘Ormacheppu’ the Camp Magazine The camp magazine were released on 25th December 2019. The magazine involves the manuscripts and paintings of the volunteers. Volunteers also released the camp paper in every morning 9.00 pm.

Programme Officers – Dr. Priya Senan V and Dr.Shaji N Raj

'SUARNAM 2019'



