

SAHODARAN AYYAPPAN SMARAKA
SNDPYOGAM COLLEGE, KONNI, PATHANAMTHITTA, KERALA
AFFILIATED TO M G UNIVERSITY, KOTTAYAM

CRITERION 7

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 Institutional Values and Social Responsibilities

7.1.1: Measures initiated by the Institution for the promotion of gender equity during the last five years.

Submitted to
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
OCTOBER 2021



Annual gender sensitization action plan

Action plan of programs on Gender Equity during the academic year 2020 - 2021

Sl No.	Tentative Date	Event
1.	19/06/2020	Reading day celebrations
2.	19/06/2020 to 21/06/2020	Yoga Day Celebrations
3.	21/06/2021	'Pithru Dinaacharanam' - Fathers day celebrations
4.	12/07/2020	Paper Bag day celebrations
5.	25/07/2020	National Parents Day Celebrations
6.	26/08/2020	Women equality day Celebrations
7.	05/08/2020	Teacher's Day Celebrations
8.	08/09/2020	International Literacy Day
9.	25/09/2020	Webinar on 'Power of Thoughts'
10.	16/10/2020	World Food Day
11.	17/10/2020	International day of Poverty Eradication
12.	12/01/2021	Youth Day Celebrations
13.	09/02/2021	Road Safety week
14.	03/03/2021	Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta
15.	08/03/2021	International Women's Day Celebrations

Action plan of programs on Gender Equity during the academic year 2019 - 2020

Sl no	Tentative Date	Event
1.	14/06/2019	Blood donation Awareness Day -14 th June
2.	21/06/2019	Yoga Day Celebrations
3.	18/07/2019	Surya namaskar Demo
4.	19/07/2019	Blood Donation Camp
5.	01/08/2019	Debate on Reading habits and Social Media
6.	02/08/2019	Anti Drug Awareness Seminar and Campaign



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Sl No.	Tentative Date	Event
7.	08/08/2019	Legal awareness programme
8.	15/08/2019	Debate on 'Suchitwa bodhavum agolavalkaranam'
9.	18/08/2019	Vishappurahitha Konni - Providing food to the patients and bystanders of Govt Hospital, Konni
10.	24/08/2019	Seminar on financial literacy
11.	05/09/2019	Teachers Day
12.	12/10/2019	Naipunyam - Life skill development programme
13.	16/10/2019	Seminar on "Health Issues in Teenage Girls" organized by the Women's Cell
14.	16/10/2019	Women Development Cell organized a seminar on 'Mental health and well being' in association with 'Seethalayam', Pathanamthitta
15.	19/10/2019	Awareness class on Disaster Management by Fire force Department
16.	25/02/2020	Blood donation Program
17.	05/03/2020	Seminar on 'Gender Issues' organized by the Women Development Cell
18.	08/03/2020	Women's Day observance

Action plan of programs on Gender Equity during the academic year 2018 - 2019

Sl No	Tentative Date	Event
1.	20/06/2018	Reading Day - Conducted a debate on 'Reading habits and social media'
2.	21/06/2018	International Yoga Day Celebrations
3.	04/10/2018	Blood Donation Camp was held in association with Blood Donors Kerala Pathanamthitta chapter and Pathanamthitta Govt Hospital
4.	16/10/2018	Seminar on ' Need To Build A Critical Mass Of Trained Women'
5.	01/11/2018	Observance of protection of public property day



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Sl No.	Tentative Date	Event
6.	01/11/2018	Kerala Piravi Celebrations
7.	14/11/2018	An eye care camp was organised by NSS and Youth welfare soft skill dept in association with Ahalia Foundations, Pathanamthitta
8.	01/12//2018	AIDS Day - Awareness program on 'Aids and Society' was organised by the Red Ribbon Club
9.	16/12/2018	Vishappurahitha Konni'- Food Donation Programme
10.	22/01/2019	Sneha Thullikal - Blood Donation Program
11.	02/02/2019	SurakshithaGathagatham
12.	17/02/2019	'Snehasparsham' - Helping the needy people in the the society
13.	02/03/2019	Altius Leadership training
14.	08/03/2019	Women's Day Celebrations

Action plan of programs on Gender Equity during the academic year 2017 - 2018

Sl No	Tentative Date	Event
1.	21/06/2017	International Yoga Day was observed on 21/06/2017
2.	01/11/2017	Conducted a seminar on 'Drug abuse and its health consequences'.
3.	14/11/2017	Diabetes awareness rally on world diabetes day
4.	28/11/2017	Blood donation Camp
5.	02/12/2017	Women development cell organised a seminar on 'Women's Rights'
6.	12/12/2017	Discussion on 'Health and Hygiene' organised by women development cell



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Action plan of programs on Gender Equity during the academic year 2016 - 2017

Sl No	Tentative Date	Event
1.	19/06/2016	A yoga class was organized to train the students sun salutation and various asanas
2.	19/08/2016	Seminar on 'Traffic Awareness ' was organized in association with Kerala Traffic Police on 19 th August 2016.
3.	14/11/2016	World Diabetes awareness rally
4.	27/01/2017	Seminar on 'Personality Development'
5.	14/02/2017	Awareness campaign on 'Digital Payment System'- Vittiya Sakshrata Abhiyan (VISAKA) were held on second week of February
6.	17/02/2017	Poster Designing Competition and awareness campaign on the topic 'AIDS and Society' were held in association with Red Ribbon Club on 17 th February 2017
7.	18/02/2017	Skill development training 'Naipuni' was held on 18th February 2017 to train the students on making soap, lotion , paper file and paper bag
8.	21/03/2017	Anti Drug Awareness Campaign and Class were held in association with the Excise Department and CAN channel on 21 March 2017.



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7.1.1 Measures initiated by the Institution for the promotion of gender equality during the last five years

2020-2021

Sl No	Date	Event	No of participants
1.	19/06/2020	Reading day celebrations	40
2.	19/06/2020 to 21/06/2020	Yoga Day Celebrations	35
3.	21/06/2021	'Pithru Dinaacharanam' - Fathers day celebrations	40
4.	12/07/2020	Paper Bag day celebrations	25
5	25/07/2020	National Parents Day Celebrations	35
6.	26/08/2020	Women equality day Celebrations	27
7.	05/08/2020	Teacher's Day Celebrations	40
8.	08/09/2020	International Literacy Day	45
9.	25/09/2020	Webinar on 'Power of Thoughts'	
10.	16/10/2020	World Food Day	27
11.	17/10/2020	International day of Poverty Eradication	20
12.	12/01/2021	Youth Day Celebrations	40
13.	09/02/2021	Road Safety week	
14.	03/03/2021	Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta	26
15.	08/03/2021	International Women's Day Celebrations	25



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2019-2020

Sl no	Date	Event	No of participants
1.	14/06/2019	Blood donation Awareness Day -14 th June	50
2.	21/06/2019	Yoga Day Celebrations	45
3.	18/07/2019	Surya namaskar Demo	40
4.	19/07/2019	Blood Donation Camp	70
5.	01/08/2019	Debate on Reading habits and Social Media	23
6.	02/08/2019	Anti Drug Awareness Seminar and Campaign	45
7.	08/08/2019	Legal awareness programme	46
8.	15/08/2019	Debate on 'Suchitwa bodhavum agolavalkaranam'	20
9.	18/08/2019	Vishappurahitha Konni - Providing food to the patients and bystanders of Govt Hospital, Konni	10
10.	24/08/2019	Seminar on financial literacy	60
11.	05/09/2019	Teachers Day	40
12.	12/10/2019	Naipunyam - Life skill development programme	30
13.	16/10/2019	Seminar on "Health Issues in Teenage Girls" organized by the Women's Cell	50
14	16/10/2019	Women Development Cell organized a seminar on 'Mental health and well being' in association with 'Seethalayam', Pathanamthitta	50
15.	19/10/2019	Awareness class on Disaster Management by Fire force Department	70
16.	25/02/2020	Blood donation Program	75



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17.	05/03/2020	Seminar on 'Gender Issues' organized by the Women Development Cell	50
18.	08/03/2020	Women's Day observance	50

2018 - 2019

Sl No	Date	Event	No of Participants
1.	20/06/2018	Reading Day - Conducted a debate on 'Reading habits and social media'	25
2.	21/06/2018	International Yoga Day Celebrations	50
3.	04/10/2018	Blood Donation Camp was held in association with Blood Donors Kerala Pathanamthitta chapter and Pathanamthitta Govt Hospital	74
4.	16/10/2018	Seminar on ' Need To Build A Critical Mass Of Trained Women'	50
5.	01/11/2018	Observance of protection of public property day	45
6.	01/11/2018	Kerala Piravi Celebrations	40
7.	14/11/2018	An eye care camp was organised by NSS and Youth welfare soft skill dept in association with Ahalia Foundations, Pathanamthitta	50
8.	01/12//2018	AIDS Day - Awareness program on 'Aids and Society' was organised by the Red Ribbon Club	25
9.	16/12/2018	Vishappurahitha Konni'- Food Donation Programme	6
10.	22/01/2019	Sneha Thullikal - Blood Donation Program	2 Units
11.	02/02/2019	SurakshithaGathagatham	30
12.	17/02/2019	'Snehasparsham' - Helping the needy people in the the society	12
13.	02/03/2019	Altius Leadership training	60
14.	08/03/2019	Women's Day Celebrations	40



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2017 - 2018

Sl No	Date	Event	No of Participants
1.	21/06/2017	International Yoga Day was observed on 21/06/2017	50
2.	01/11/2017	Conducted a seminar on 'Drug abuse and its health consequences'.	68
3.	14/11/2017	Diabetes awareness rally on world diabetes day	110
4.	28/11/2017	Blood donation Camp	26
5.	02/12/2017	Women development cell organised a seminar on 'Women's Rights'	76
6.	12/12/2017	Discussion on 'Health and Hygiene' organised by women development cell	180

2016-2017

Sl No	Date	Event	No of Participants
1.	19/06/2016	A yoga class was organized to train the students sun salutation and various asanas	25
2.	19/08/2016	Seminar on 'Traffic Awareness' was organized in association with Kerala Traffic Police on 19 th August 2016.	50
3.	14/11/2016	World Diabetes awareness rally	40
4.	27/01/2017	Seminar on 'Personality Development'	50
5.	14/02/2017	Awareness campaign on 'Digital Payment System'- Vittiya Sakshrata Abhiyan (VISAKA) were held on second week of February	60
6.	17/02/2017	Poster Designing Competition and awareness campaign on the topic 'AIDS and Society' were held in association with Red Ribbon Club on 17 th February 2017	15
7.	18/02/2017	Skill development training 'Naipuni' was held on 18th February 2017 to train the students on making soap, lotion, paper file and paper bag	46

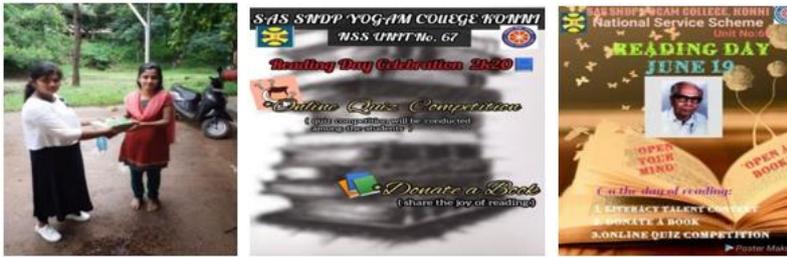
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8.	21/03/2017	Anti Drug Awareness Campaign and Class were held in association with the Excise Department and CAN channel on 21 March 2017.	50
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2020 - 2021

1. Reading Day Celebrations

In association with the reading day, three programs were organised: a literacy talent test, donation of books where story books were donated or recited by students. A quiz competition was also performed related to the reader's day.



2. Yoga Day Celebrations

A three day workshop from 19/06/2020 to 21/06/2020 was organised in connection with the International Yoga Day. An online platform was opened for different faculties and students for learning and practising yoga at free of cost. The workshop was handled by Yogacharya Manoj, Director and Principal Patanjali College of Yoga. On June 21st, a national seminar on 'Yoga and Immunity' was organised to convey the importance of practising yoga.



3. 'Pithru dinaacharanam' - Father's Day Celebrations

Three programs were organized in connection with Father's day. They were taking selfies with their father, traveling through their father's life path and paadanamskaram.


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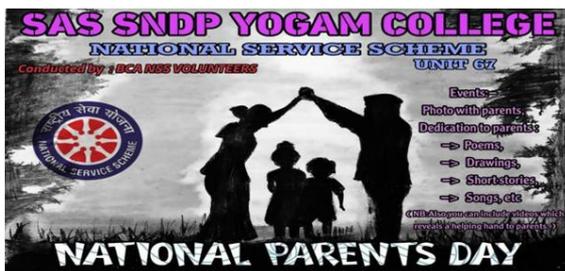
4. Paper bag day Celebrations

It is a day to spread awareness about using paper bags instead of plastics. The adverse impacts of plastic bags on the environment have led to the use of paper bags. Students made paper bags on this day.



5. National Parent's Day Celebrations

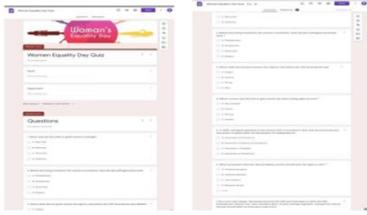
Celebrated with photos with Parents(includes drawings, old photos), poem recitation, short story telling etc through the online platform.



6. Women Equality Day Celebrations

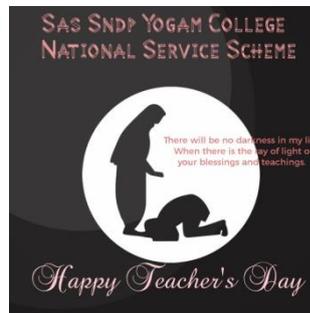
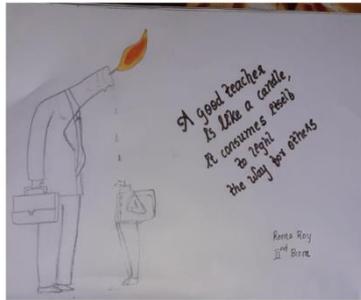
An online quiz was conducted in connection with women equality. Many students participated in the program.

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7. Teacher's Day Celebrations

5th September is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to society. September 5th is the birth anniversary of a great teacher Dr Sarvepalli Radhakrishnan, who was a staunch believer of education and was a well-known diplomat, scholar, the President of India and above all, a teacher. Three programs were arranged in connection with Teacher's Day. Selfie with teacher, Drawing competition, and an online quiz.



8. International Literacy Day

International Literacy Day takes place on September 8 every year to raise awareness and concern for literacy problems that exist within our own local communities as well as globally. International Literacy Day was founded by proclamation of The United Nations Educational, Scientific and Cultural Organization, or UNESCO, in 1966 "to remind the public of the importance of literacy as a matter of dignity and human rights". In connection with the International Literacy day, Quiz Contest, Speech Contest, and an Essay Competition were organized.



9. Webinar on 'Power of Thoughts'

Resource Person: Ms Lakshmi Gayathri (Certified NLP Trainer and Soft Skill Practitioner)

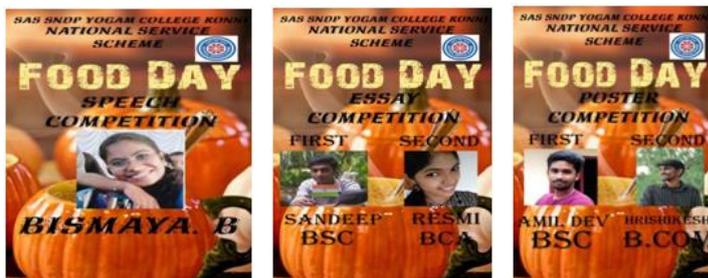
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A skill development webinar on 'Power of Thoughts' was organized by IQAC and NSS in association with Daksha Academy and Business Administration department of St.Thomas College, Konni. There were 100 participants for the webinar. Inauguration was done by Dr Biju Pushpan, Principal of SAS SNDP Yogam College.



10. World Food Day Celebrations

World Food Day is celebrated every year around the world on October 16. The day is celebrated to mark the anniversary of the founding of Food and Agriculture Organisation (FAO) OF THE United Nations in 1945. Speech competition, essay competition and poster making competition were held in this regard



11. International day of Poverty Eradication

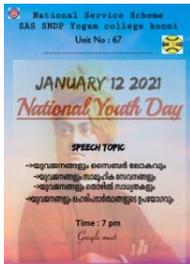
The International Day for the Eradication of Poverty is held annually on 17 October to provide: an opportunity to acknowledge the effort and struggle of people living in poverty; a chance for them to make their concerns heard; and. a moment to recognize that poor people are the first ones to fight against poverty. Three programs were organized. Speech competition, essay writing competition, and drawing competition.



12. National Youth Day Celebrations


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National Youth Day is celebrated on January 12, every year in India to honor the birth anniversary of Swami Vivekananda, one of India's greatest leaders and believers of youth power. He pushed for national integration in colonial India, and his famous speech remains as the one that he gave in Chicago in 1893. In connection with the celebrations a speech competition was held on the topics 'Yuva janangalum thozhil saadhyathakalum', 'Yuva janangalum cyber lokavum', and 'Yuvajanangalum samuhya sevanangalum'



13. Road Safety week

Road Safety Week is organised every year in the month of January by the Ministry of Road Transport and Highways. A variety of programmes related to road safety is organised in several cities to enlighten people on road safety, driving rules and cautions. The NSS Unit of our college organised a bike rally and public awareness program in this regard.



14. Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta

Systematic Voter's Education and electoral Participation (SVEEP) conducted an awareness program to motivate the student voters and ensure their participation in the electoral process.



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15 . International Women’s Day Celebrations

In association with women’s day celebrations, students participated in a blood donation camp at Govt. Hospital Pathanamthitta. A film fest was also arranged in association with the women and child development department, Pathanamthitta.



In the evening a webinar organised by the women cell on Gender equality was delivered by Dr. Bismi Gopalakrishnan, Director, School of Indian legal thought, Mahatma Gandhi University, Kottayam. She pointed out the importance of gender equality. Women should be aware of their rights and the laws to protect her. She should know how to use them. The view of men also should be changed .The coordinator of the women cell, Dr. Binu V, delivered the welcome speech and Dr. Indu C Nair proposed the vote of thanks.



2019 - 2020

1. Blood donation Awareness Day

Blood Donation Awareness day was observed on 14th June 2019. The NSS volunteers gave a brief awareness class on the importance of blood donation in all classes.



2. Yoga Day Celebrations -

Yoga day was observed on 21st June 2019 in association with the physical education department. Dr.Kishore Kumar B S, Head of the Physical Education Department provided instructions regarding how to pose each asanas

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3. Suryanamaskar Demo

Surya Namaskar Demo was held on 18th July 2019. Yoga Literacy drive was started in our campus to give awareness on yoga to all faculties and students. As part of this, 'Yoga and Meditation Club' was formed. The volunteers of this club organise demo class every Thursday from 9.00 am to 9.40 am. Feedback from students and faculties revealed that it was useful for them to learn different postures of 'asanas' especially Surya Namaskar. The programme was a great success.

4. Blood Donation Camp organised in association with District Hospital Pathanamthitta and Blood Donors Kerala, Pathanamthitta Chapter on 19th July 2019

A Blood Donation Camp was organised in our campus in association with District Hospital Pathanamthitta and Blood Donors Kerala, Pathanamthitta Chapter on 19th July 2019. Students donated twenty three units of blood. The doctors from the District hospital monitored each step of blood donation. The camp started at 9.30 am and ended at 1.00 pm.



5. Debate on Reading habits and Social Media

A Debate on the topic 'Reading Habits and Social Media' was held on 1st August 2019. Students actively participated in the debate with their view points. It was a platform for expressing the new ideas of students regarding the topic.

6. Anti Drug Awareness Seminar and Campaign

An Anti Drug Awareness seminar and campaign was organised in association with the Excise Department on 2nd August 2019. Sri.Konniyoor P.K, Konni Block Panchayat President inaugurated the seminar and Smt.Sheenu K.S, Civil Excise Officer delivered the talk on the topic 'Drug abuse and health impacts'. Smt. Rajitha R, Civil Excise Officer conveyed the anti drug oath.

A handwritten signature in blue ink, likely of the Principal, is written over a blue stamp.

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7. Legal Awareness Campaign in association with the District Legal Service Authority

The programme was organized in association with the District Legal Service Authority. The copies of the handbook 'Niyamapadam' were handed over to Gokul.S and Sandra Krishnan by Dr.Biju Pushpan, Principal of the College on 8th August 2019. The hand books were given to all the students of the college. It was very useful for the students and staff for legal reference.



8. Debate on the topic 'Suchitwa bodhavum agolavalkaranam'

A Debate was conducted on the topic 'Suchitwa bodhavum agolavalkaranam' on 15th August 2019. The students actively participated and expressed their viewpoints regarding the globalisation, waste management system, environmental impacts etc. It was very informative.

As part of the observance of cleanliness week, a washing hands programme 'Suchitwam Kaikaleloodae' was organised on the campus on 15th August 2019. Students practised hand washing according to the standard protocol of the medical association. The programme created an awareness on the importance of washing hands before and after meals in the proper way with soap solution.



9. 'Vishappurahitha Konni' - Providing food to the patients and bystanders of Govt Hospital, Konni-

The programme 'Vishappurahitha Konni' was organized at Taluk Hospital Konni on 18th August 2019. Lunch was served to the patients and bystanders of the hospital. The students actively


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participated in preparing and serving food. It was a touching experience.



10. Seminar on Financial Literacy

Adv. Radhakrishnan Namboothiri, Financial Literacy Counselor delivered a session on Financial Literacy on 24th August 2019. The session was very eye opening. The students and public of all ages should have enough knowledge on financial transactions and it is essential for a successful life.



11. Teachers Day Celebrations

Teachers Day is a special day for honoring teachers. It was observed on 2nd September 2019. The students honoured the teachers with rose flowers as a token of gratitude. All the teachers were assembled on the campus and it was a nice programme.



12. 'Naipunyam' -Life Skill Development Programme

'Naipunyam' - the life skill development programme was organised on 12/10/2019 to provide training on making, Soap, lotion etc. Smt. Ambili D, Soft Skill Trainer provided training on this. It was a very good training programme.

A handwritten signature in blue ink, likely belonging to the Principal.

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13. Seminar on “Health Issues in Teenage Girls” organized by the Women’s Cell

Activities of the women's cell were inaugurated on 16 October 2019, by Dr. Preethi Aleyamma John. On the occasion she made a speech on the topic “Health Issues in Teenage Girls”.



14. Women Development Cell organized a seminar on ‘Mental health and well being’ in association with ‘Seethalayam’, Pathanamthitta

The women Development cell organized a seminar on ‘mental health and well being’ in association with Seethalayam, the women development wing of Department of homeo medicine, State of Kerala. The seminar was inaugurated by Prof. Praveen kumar V S, Member, syndicate of Mahatma Gandhi University. A speech was delivered by Dr.Smitha on Women and health habits. A seminar on ‘mental health and well being’ was delivered by Dr Anitha, another resource person from seethalayam.



15. Awareness class on Disaster Management by Fire force Department

Awareness class on disaster management was held on 19th October 2019. Sri.BijuMon and Sri.Robert Thomas, Civil Police Officers of Fire Station, Konni handled the session with awareness class and videos and live demo on disaster management. The programme was informative.


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16. Blood Donation Camp organized on the campus

Blood Donation Camp was held on 25th February 2020 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination by the doctors of Govt hospital, the students donated blood to the blood bank. 42 students donated blood. 114 students registered for the programme. The medical team of the government hospital monitored the students at every moment of blood donation.



17. Seminar on 'Gender Issues' organized by the Women Development Cell

On 5th March 2020, a seminar was conducted on the topic "Gender Issues". Dr Adithi (Rtd Professor of Psychology, MG College, Thiruvananthapuram, handled the classes.



In the afternoon students performed many programmes, including those items presented in the University Youth festival.

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18. Women's Day observance

Womens Day was observed on the International Women's day on 8th March 2020. Students honored Smt.Sosa teacher who has been teaching kids for the last 68 years. They handed over groceries, Cash gifts and wore ponnada as a token of appreciation in the presence of kudumbasree members. The teacher shared her teaching experiences of the last 68 years. It was a very touching and inspiring story.



2018 - 2019

1. Observed reading day with various activities

Reading day was observed on 20th June 2018. A debate was held on the topic 'Reading Habits and Social Media'. The students actively participated in the debates with their own viewpoints. It was very informative. The Mathematics Department conducted an elocution competition also.

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2. International Yoga Day Celebrations

International Yoga Day was observed on 21st June 2018. Dr.Kishorekumar, Head, Physical Education Department of our college demonstrated the different asanas and SuryaNamaskar,he also highlighted the importance of practicing yoga in daily life.



3. Blood Donation Camp was held in association with Blood Donors Kerala Pathanamthitta Chapter and Pathanamthitta Govt.Hospital

A Blood Donation camp was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination of the doctors of Govt hospital, the students donated the blood to the blood bank. 46 students donated blood. 74 volunteers registered for the programme.The medical team of the government hospital monitored the students at every moment of blood donation. The news was published in leading newspapers and in channels.



4. Women Development Cell organized a seminar on ' Need To Build A Critical Mass Of Trained Women'

Dr M S Sunil, renowned Social Activist and philanthropist was the resource person. On the occasion she spoke about the need to build a critical mass of trained women, competent to hold

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high positions in society. She highlighted the idea that women should be more self-reliant to empower the society.



5. Observance of protection of public property day

Observance of protection of public property day was held on 1st November 2018. Adv.Jayakrishnan, Secretary/Subjudge, District Legal Service Authority, Pathanamthitta inaugurated the session. He delivered a speech on the topic ‘Role of youths in protecting public properties’. He also emphasised the public property protection act. Dr.BijuPushpan, Principal welcomed the audience and Dr.Priya Senan V, Programme Officer, National Service Scheme rendered the vote of thanks.



6. Kerala Piravi Celebrations

The second programme of the Women Development cell was on November 1, Kerala Day, when Kerala Piravi Celebrations were held. It was the 62nd birth anniversary of Kerala state. A “Malayali Manka" competition was held (Girl students in Kerala dress and style). There was a judging panel which included Prof. Sabeena Balachandran, Prof.Krishna Kumari K, Dr. Shaji N Raj and Shri.JayaKumar T T. They asked some questions based on Kerala culture and heritage to the contestants. The students enjoyed the programme very much.

A handwritten signature in blue ink, appearing to be 'S. Sabeena Balachandran'.

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7. An Eyecare Camp was organised by the NSS and Youth Welfare & Soft Skill Development Dept in association with Ahalia Foundation, Pathanamthitta

National Service Scheme and Youth welfare & Soft Skill Development Department jointly organised an Eyecare camp in association with the Ahalia Foundation Pathanamthitta at Anganwadi, Cherrimukku, Konni on 14th November 9.00 am onwards. Sri. Praveen Plavilayil, Vice president ,KonniGramapanchayath inaugurated the function. Dr.Priya Senan V welcomed the audience and Prof. Shaji N Raj Programme Officer rendered the vote of thanks. Sri.Sarath S, Nodal officer, Youth soft skill development department, Sri. Ajil B Nair, Administrator, Ahalia Foundation, Smt.Minu P Aji, PRO, Ahalia Eye care foundation delivered felicitations in the function.



8. AIDS Day- Awareness program on 'Aids and Society' was organized by the Red Ribbon Club

were observed in our campus with a poster making competition on the topic 'AIDS and Society'.9 students participated and Vipin Mathew of I BCA and Akshay B of I BCA secured I and II prize respectively.

Women's Day Celebrations



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9. Vishappurahitha Konni- Providing food for the patients and bystanders of Konni Taluk Hospital

National Service Scheme volunteers actively participate in providing food for the patients and bystanders of Konni Taluk Hospital. They are involved in the preparation and serving of lunch. The fund is raised by students and staff of the college.



10. Sneha thullikal - Blood Donation Programme

A Blood donation Programme was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination of the doctors of Govt hospital, the students donated blood to the blood bank. 46 students donated blood. 74 volunteers registered their names. The medical team of the government hospital monitored the students at every moment of blood donation. The news was published in leading newspapers and channels.


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11. Surakshithagathagatham '(Safe Journey): Awareness and traffic control program

The programme 'Surakshithagathagatham" (Safe Journey) was an awareness and a traffic control program. The National Service Scheme volunteers conducted an awareness campaign on the importance of wearing helmets and obeying the traffic rules. The volunteers also gave assistance in controlling the traffic.



12. Sneha sparsham - Helping the needy people in the society

The money earned through the sales of lotion, soap etc manufactured by the students are utilized for helping the marginalised people in the society. This time groceries, some amount of money are given to an old lady who is living alone after the death of her only son.

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13. Altius Leadership training

Students attended the one day Altius leadership training held at Amrita Vidyalayam, Thiruvalla on 2nd March 2019

14. Women's Day Celebrations

A team of students attended the women empowerment programme at Catholice College, Pathanamthitta organised by Seethalayam, women's wing of state Homeopathy Department on women's day(08-03-2019). Students participated in a speech competition and won prizes.

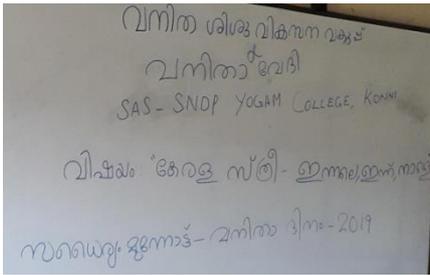


There was a poster designing competition for boys and girls which was in collaboration with the Women and children development forum, Pathanamthitta chapter of the state government.

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On women's day (08/03/2019), a discussion was organised by the women cell on the progress of women in the society. The programme was inaugurated by the coordinator of the women cell, Dr Binu V. The programme was conducted in association with the Women and children development forum, Pathanamthitta chapter of the state government.



2017 - 2018

1. International Yoga Day Celebrations

Observed International Yoga Day on 21st June 2017. Sun Salutation and various asanas were introduced to students. Dr Kishor Kumar B S, Physical Education Director was the main instructor.



2. Conducted a seminar on 'Drug abuse and its health consequences'.

One day Anti drug awareness seminar was held on 01/11/2017. Sri BinuVargheese, Civil Excise Officer Delivered a talk on 'Drug abuse and its health consequences'. Sri.Ajoy Bhaskar Convener Antidrug club welcomed the audience. Dr.Biju Pushpan, Principal SAS SNDP Yogam College, presided over the function, Dr.Joji Joshua Conveyed the message of the programme.

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3. Diabetes Awareness Rally

World Diabetes Awareness Rally was organized on 14th November 2017 in connection with the World Diabetes Day 2017. The focal theme of this year was 'Women and Diabetes- our right to a healthy future'. The rally was flagged off at Konni central junction by Dr.Biju Pushpan, Principal of the college. Students displayed placards showing the importance of walking and exercise to control diabetes. They also spread the message of protecting women from diabetes since they are the gatekeepers of the family.



Diabetes awareness rally flag off by Dr.Biju Pushpan, Principal, SAS SNDP Yogam College, Konni

4. Blood Donation Camp

A blood donation camp was held on 28/11/2017 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. Blood Donation awareness classes were also held in connection with the camp. The medical team of government hospitals monitored the students at every moment of blood donation.




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5. Women development cell organised a seminar on “Women’s Rights’

On 12-12-17, Advocate Manoj Krishna (Associate Professor, Govt. Law College, Thiruvananthapuram), delivered a speech on “Women’s Rights”. He pointed out that there are suitable laws to protect women from harassment. The lack of awareness hinders affected people from attaining justice.



6. Discussion on ‘Health and Hygiene’ organised by women development cell

A discussion was conducted on “Health and Hygiene” for the 1st Year students on 02nd December 2017 which was led by Dr. Indu C Nair (Associate Prof. BioTechnology). During discussion health and hygiene were explained in its proper meaning. Also discussed its importance in our everyday life.



2016 - 2017

1. Yoga Class for giving training on sun salutation and various Asanas

Dr. Kishore Kumar , Head Department of Physical Education conducted a training program on various yoga postures and practices. He initially trained some selected students and then those students were able to train the remaining students.



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2.Seminar on ‘Traffic Awareness’ was organized in association with Kerala Traffic Police on 19th August 2016.

On 19th August 2016, a seminar on ‘Traffic Awareness ’ was organized in association with Kerala Traffic Police. Sri.Sharath Chandran C and Sri.Reju.V, Civil Police Officers, Konni Police Station, Pathanamthitta were the resource persons.



3.World Diabetes awareness rally

‘World Diabetes Awareness Rally’ was organized on 14th November 2016 in connection with the World Diabetes Day 2016. The rally was inaugurated by Prof.P.K.Mohanaraj, Principal of the college at Konni central junction. Students displayed placards to raise the importance of exercise in controlling diabetes.



4. Seminar on ‘Personality development’

A seminar on ‘Personality Development’ was organised by the women's cell on 27th January 2017 . The resource person was Dr. Rosamma Philip (Associate Prof., Mount Tabor Training College, Pathanapuram) . The presidential address was delivered by Principal Prof. P K Mohan Raj.



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5. Awareness campaign on 'Digital Payment System'- Vittiya Sakshrata Abhiyan

(VISA KA) were held on second week of February

Awareness campaign on 'Digital Payment System'- Vittiya Saksharta Abhiyan(VISA KA) was held in the second week of February. Campaign was held to enhance the cashless purchase and use of digital payment system. Classes were handled by Dr. Biju Pushpan and Prof. PK Mohanaraj.



6. Poster Designing Competition and awareness campaign on the topic 'AIDS and

Society' were held in association with Red Ribbon Club on 17th February 2017

As part of the awareness program, every year college organises many programs like rallies, poster designing competitions etc on . This year a poster designing competition was held at the college.



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7. Skill development training ‘Naipuni’ was held on 18th February 2017 to train the students on making soap, lotion , paper file and paper bag

Soft skill development training ‘Naipuni’ was held on 18th February 2017. Training on making soap, lotion , paper file and paper bag were given to the students. Soft Skill Trainer Smt. Ambili D Nair provided the training.



8. Anti Drug Awareness Campaign and Class were held in association with the Excise Department and CAN channel on 21 March 2017.

Assistant Excise Deputy Commissioner Shri Mohanraj inaugurated the program . Shri Binu Varghese from the excise dept was the resource person.



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