

SAHODARAN AYYAPPAN SMARAKA
SNDPYOGAM COLLEGE, KONNI, PATHANAMTHITTA, KERALA
AFFILIATED TO M G UNIVERSITY, KOTTAYAM

CRITERION 7

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 Institutional Values and Social Responsibilities

7.1.8: Describe the institutional efforts/initiatives in providing an inclusive environment that is tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

Submitted to
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
OCTOBER 2021



7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities (within 500 words).

2020-2021

Sl No.	Date	Activity	No of participants
1.	17/06/2020	'Thanalayi maaram' - Supporting poor children by donating TVs for attending online classes	10
2.	19/06/2020	Reading day	40
3.	19/06/2020 to 21/06/2020	Yoga Day Celebrations	35
4.	21/06/2021	"Pithru Dinaacharanam" - Fathers day celebrations	40
5.	25/07/2020	National Parents Day	35
6.	15/08/2020	Independence Day celebrations	40
7.	26/08/2020	Women equality day	27
8.	05/08/2020	Teacher's Day	40
9.	08/09/2020	International Literacy Day	45
10.	25/09/2020	Webinar on 'Power of Thoughts'	
11.	02/10/2020	Gandhi Jayanthi Celebrations	30
12.	16/10/2020	World Food Day	27
13.	17/10/2020	International day of Poverty Eradication	20
14.	12/01/2021	Youth Day celebrations	40
15.	09/02/2021	Road Safety week	13
16.	03/03/2021	Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta	26
17.	08/03/2021	International Women's Day	25

2019-2020

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

1.	06/06/2019	'Sahapadikku Snehapoorvam' - Book collection and distribution program	
2.	14/06/2019	Blood donation Awareness Day -14 th June	07
3.	21/06/2019	Yoga Day Celebration	22
4.	19/07/2019	Blood Donation Camp organised in association with District Hospital Pathanamthitta and Blood Donors Kerala, Pathanamthitta Chapter on 19 th July 2019	60
5.	02/08/2019	Anti Drug Awareness seminar on 2 nd August 2019	85
6.	08/08/2019	Legal awareness campaign handed over 'niyama padam' on 8 th August 2019	07
7.	15/08/2019	Independence Day activities-Flag hoisting	47
8.	16/08/2019	Flood relief collection drive on 16 th August 2019	08
9.	18/08/2019	Vishappurahitha Konni on 18 th August 2019	06
10	05/09/2019	Teachers Day-5 th September 2019	32
11.	19/09/2019	Colony visit 19/09/2019- Awareness on Plastic waste management, Cleanliness awareness drive,Suchitwa survey, distribution of vegetable seedlings,green protocol awareness campaign -campus to community	15
12.	24/09/2019	Gandhiji @50- Suchitwa Sandesha rally,, 24th September 2019, Garden Cleaning	175



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

13.	24/09/2019	Snehasanthwanam'-Old age Home visit	12
14.	02/10/2019	Gandhi Jayanthi Day-Ring road cleaning	108
15.	19/10/2019	Disaster management - Awareness class by Fireforce department	86
16.	21/12/2019	Physical Fitness programme	100
17.	22/12/2019	Suchitwa survey	100
18.	22/12/2019	Distribution of cloth bags	100
19.	23/12/2019	Leadership training program	100
20.	24/12/2019	Adavi-Cleanliness Drive	100
21.	30/12/2019 6/01/2020	Sabarimala Duty in association with Department of Social justice	
22.	05/03/2019	Seminar on 'Gender Issues' organized by the Women Development Cell	08
	08/03/2019	Women's Day Observance	25

2018-2019

1.	20/06/2018	Reading Day - Conducted a debate on 'Reading habits and social media'	25
----	------------	---	----



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

2.	21/06/2018	International Yoga Day Celebrations	50
3	15/08/2018	Independence Day Celebration	51
4.	21/08/2018	Flood Relief Activities- Packing kits	05
5.	04/10/2018	Blood Donation Camp was held in association with Blood Donors Kerala Pathanamthitta chapter and Pathanamthitta Govt Hospital	90
6.	16/10/2018	Seminar on ' Need To Build A Critical Mass Of Trained Women'	100
7.	02/10/2018	Gandhi Jayanthi Celebrations- Conducted Suchitwa Survey and rally	13
8.	04/10/2018	Blood Donation Camp	74
9.	14/11/2018	Eye Care Camp	33
10.	14/11/2018	Poompattakkoru Sammanam	33
11.	16/12/2018	'Vishappurahitha Konni'- Food Donation Programme	03
12.	22/01/2019	Sneha Thullikal	2 Units
13.	26/01/2019	Republic Day Celebrations	92
14.	02/02/2019	SurakshithaGathagatham	30
15.	17/02/2019	'Snehasparsham'	03

2017-2018

1.	21/06/2017	International Yoga Day	28
2.	15/08/2017	Independence Day activities- 'Suchi'	50



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

3.	09/09/2016	Onam Celebrations	All the students
4.	01/10/2017 to 07/10/2017	Jaivom - Seven Day Camp at Kanjirappally Panchayath- Organic Literacy Drive	25
5.	02/10/2017	Gandhi Jayanthi Celebrations	118
6.	01/11/2017	Anti Drug Awareness Seminar	134
7.	14/11/2017	'PoompattakalkkoruSnehasammanam' - Children's Day Celebrations	12
8.	14/11/2017	Diabetes Awareness Rally	110
9.	28/11/2017	Blood Donation Camp	145
10.	02/12/2017	Discussion on 'Health and Hygiene' organised by women development cell	
11.	12/12/2017	Women development cell organised a seminar on "Women's Rights"	

2016-2017

Sl No	Date	Event	No of participants
1.	15/062016	Visit to Anganvadi	20
2.	21/06/2016	International Yoga Day	50
3.	06/08/2016	Hiroshima Day	40
4	15/08/2016	Independence Day Celebrations	80
5.	22/08/2016	Thiranga March	100



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

6.	23/08/2016	Oru Kaithangu- rendering help to the needy people in the society	15
7.	14/11/2016	World Diabetes Awareness Rally	65
8.	14/11/2016	'Poompattakalkkoru Sammanam'- Children's Day Programme	25
9.	26/01/2017	Republic Day Celebrations	68
10.	17/02/2017	Poster Designing Competition- Theme- AIDS and Society	25
11.	18/02/2017	'Naipuni'- Skill Development Training-Trainer- Smt.Ambili D Nair, Life Skill Trainer	40

2020 - 2021

1. Thanalayi maaram - Supporting poor children by donating TVs for attending online classes

This programme was conducted to give support for backward or poor children who are not able to attend online classes in this pandemic situation. Through this program 4 new televisions were handed over by the Principal and PTA secretary to local poor children.



2. Reading Day Celebrations

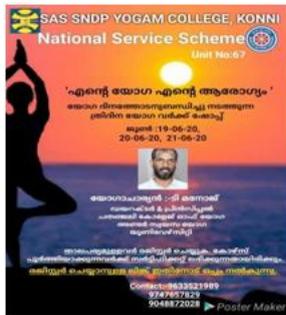
In association with the reading day, three programs were organised: a literacy talent test, donation of books where story books were donated or recited by students. A quiz competition was also performed related to the reader's day.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



3. Yoga Day Celebrations

A three day workshop from 19/06/2020 to 21/06/2020 was organised in connection with the International Yoga Day. An online platform was opened for different faculties and students for learning and practising yoga at free of cost. The workshop was handled by Yogacharya Manoj, Director and Principal Patanjali College of Yoga. On June 21st, a national seminar on 'Yoga and Immunity' was organised to convey the importance of practising yoga.



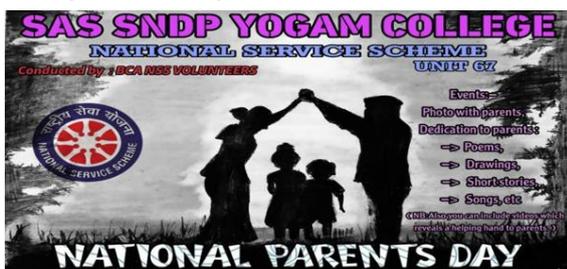
4. 'Pithru dinaacharanam' - Father's Day Celebrations

Three programs were organized in connection with Father's day. They were taking selfies with their father, traveling through their father's life path and paadanamskaram.



5. National Parent's Day Celebrations

Celebrated with photos with Parents (includes drawings, old photos), poem recitation, short story telling etc through the online platform.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

6. 74th Independence Day Celebrations

Several competitions were organised in connection with the independence Day. Those include 'Speak up Stay Safe' 2min speak up audio challenge, Online quiz relating to Indian Independence and Flag making



7. Women Equality Day Celebrations

An online quiz was conducted in connection with women equality. Many students participated in the program.



8. Teacher's Day Celebrations

5th September is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to society. September 5th is the birth anniversary of a great teacher Dr Sarvepalli Radhakrishnan, who was a staunch believer of education and was a well-known diplomat, scholar, the President of India and above all, a teacher. Three programs were arranged in connection with Teacher's Day. Selfie with teacher, Drawing competition, and an online quiz.



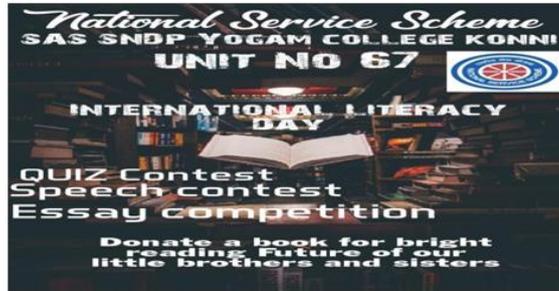
9. International Literacy Day

International Literacy Day takes place on September 8 every year to raise awareness and concern for literacy problems that exist within our own local communities as well as globally.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

International Literacy Day was founded by proclamation of The United Nations Educational, Scientific and Cultural Organization, or UNESCO, in 1966 “to remind the public of the importance of literacy as a matter of dignity and human rights’. In connection with the International Literacy day, Quiz Contest, Speech Contest, and an Essay Competition were organized.



10. Webinar on ‘Power of Thoughts’

Resource Person: Ms Lakshmi Gayathri (Certified NLP Trainer and Soft Skill Practitioner)

A skill development webinar on ‘Power of Thoughts’ was organized by IQAC and NSS in association with Daksha Academy and Business Administration department of St.Thomas College, Konni. There were 100 participants for the webinar. Inauguration was done by Dr Biju Pushpan, Principal of SAS SNDP Yogam College.



11. Gandhi Jayanthi Celebrations

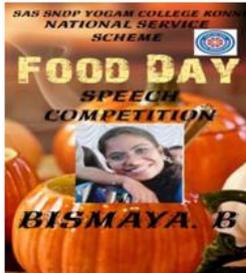
Seminar on ‘Ente Hridayathile Gandhi’ by Shri John Eappen (Malayalam Professor, Marthoma College) was organized on the Day of Gandhi Jayanti through google meet at 7pm.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

12. World Food Day Celebrations

World Food Day is celebrated every year around the world on October 16. The day is celebrated to mark the anniversary of the founding of the Food and Agriculture Organisation (FAO) OF THE United Nations in 1945. Speech competition, essay competition and poster making competition were held in this regard



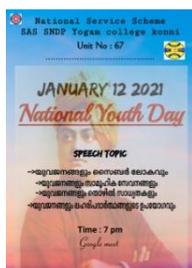
13. International day of Poverty Eradication

The International Day for the Eradication of Poverty is held annually on 17 October to provide: an opportunity to acknowledge the effort and struggle of people living in poverty; a chance for them to make their concerns heard; and. a moment to recognize that poor people are the first ones to fight against poverty. Three programs were organized. Speech competition, essay writing competition, and drawing competition.



14. National Youth Day Celebrations

National Youth Day is celebrated on January 12, every year in India to honor the birth anniversary of Swami Vivekananda, one of India's greatest leaders and believers of youth power. He pushed for national integration in colonial India, and his famous speech remains as the one that he gave in Chicago in 1893. In connection with the celebrations a speech competition was held on the topics 'Yuva janangalum thozhil saadhyathakalum', 'Yuva janangalum cyber lokavum', and 'Yuvajanangalum samuhya sevanangalum'



A handwritten signature in blue ink, likely belonging to the principal of the college.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

15. Road Safety week

Road Safety Week is organised every year in the month of January by the Ministry of Road Transport and Highways. A variety of programmes related to road safety is organised in several cities to enlighten people on road safety, driving rules and cautions. The NSS Unit of our college organised a bike rally and public awareness program in this regard.



16. Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta

Systematic Voter’s Education and electoral Participation (SVEEP) conducted an awareness program to motivate the student voters and ensure their participation in the electoral process.



17 . International Women’s Day Celebrations

In association with women’s day celebrations, students participated in a blood donation camp at Govt. Hospital Pathanamthitta. A film fest was also arranged in association with the women and child development department, Pathanamthitta.



In the evening a webinar organised by the women cell on Gender equality was delivered by Dr. Bismi Gopalakrishnan, Director, School of Indian legal thought, Mahatma Gandhi University, Kottayam. She pointed out the importance of gender equality. Women should be aware of their rights and the laws to protect her. She should know how to use them. The view of men also


PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

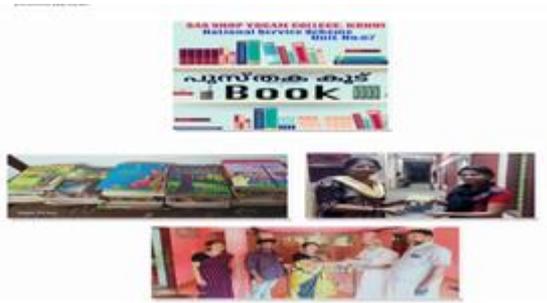
should be changed .The coordinator of the women cell, Dr. Binu V, delivered the welcome speech and Dr. Indu C Nair proposed the vote of thanks.



2019 - 2020

1. 'Sahapadikku Snehapoorvam' - Book collection and distribution program

In this programme the students donated their unused study materials to the NSS unit and they were handed over to the poor needy students.



2. Blood donation Awareness Day

Blood Donation Awareness day was observed on 14th June 2019. The NSS volunteers gave a brief awareness class on the importance of blood donation in all classes.



3. Yoga Day Celebrations

Yoga day was observed on 21st June 2019 in association with the physical education department. Dr.Kishore Kumar B S, Head of the Physical Education Department provided instructions regarding how to pose each asana.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

4. Blood Donation Camp organised in association with District Hospital Pathanamthitta and Blood Donors Kerala, Pathanamthitta Chapter on 19th July 2019

A Blood Donation Camp was organised in our campus in association with District Hospital Pathanamthitta and Blood Donors Kerala, Pathanamthitta Chapter on 19th July 2019. Students donated twenty three units of blood. The doctors from the District hospital monitored each step of blood donation. The camp started at 9.30 am and ended at 1.00 pm.



5. Anti Drug Awareness Seminar and Campaign

An Anti Drug Awareness seminar and campaign was organised in association with the Excise Department on 2nd August 2019. Sri.Konniyoor P.K, Konni Block Panchayat President inaugurated the seminar and Smt.Sheenu K.S, Civil Excise Officer delivered the talk on the topic 'Drug abuse and health impacts'. Smt. Rajitha R, Civil Excise Officer conveyed the anti drug oath.



6. Legal Awareness Campaign in association with the District Legal Service Authority

The programme was organized in association with the District Legal Service Authority. The copies of the handbook 'Niyamapadam' were handed over to Gokul.S and Sandra Krishnan by Dr.Biju Pushpan, Principal of the College on 8th August 2019. The hand books were given to all the students of the college. It was very useful for the students and staff for legal reference.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

7. Independence Day Celebrations

Independence day was celebrated on our campus on 15th August 2019. Capt.Suraj.S, NCC Officer and Dr.Priya Senan V, NSS Programme Officer jointly hoisted the National flag. Independence day messages were delivered by Capt.Suraj and Dr.Priya Senan V.



8. Flood relief collection drive

A Flood relief Collection drive was held on the campus on 16th August 2019. The staff and students participated in the collection drive. The materials were collected, sorted and packed for delivery.



9. 'Vishappurahitha Konni' - Providing food to the patients and bystanders of Govt Hospital, Konni-

The programme 'Vishappurahitha Konni' was organized at Taluk Hospital Konni on 18th August 2019. Lunch was served to the patients and bystanders of the hospital. The students actively participated in preparing and serving food. It was a touching experience.



10. Teachers Day Celebrations

Teachers Day is a special day for honoring teachers. It was observed on 2nd September 2019. The students honoured the teachers with rose flowers as a token of gratitude. All the teachers were assembled on the campus and it was a nice programme.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



11. Awareness on 'Plastic Waste Management'

The programme was held at our adopted village, Vattakavu Colony on 19/09/2019. The NSS volunteers visited the houses and gave instructions regarding the plastic waste management. They also explained the environmental impacts of plastic on combustion. They advised them to take measures to reduce the plastic kits and replace them with cloth kits. The leaflets and green protocol booklets were also distributed .



12. Suchitwa Sandesha Rally

Rally was conducted from the college gate to cherrimukku junction on 15th August 2019. The volunteers actively participated in the rally with placards and environmental awareness slogans.



13. Snehasanthwanam'-Old age Home visit

In connection with NSS@50 volunteers visited the old age home 'Prathyasa Bhavan' at Payyanamon Konni. It is the place for those who have no family or have been abandoned by their families. The volunteers collected the provisions and handed them over to the authorities. It was a life changing experience.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA



14. Gandhi Jayanthi Day-Ring road cleaning

As part of Gandhi Jayanthi Celebrations a cleaning drive was held at Ring Road, Pathanamthitta from Aban junction to Sreevalsam textiles, 2km distance on 2nd October 2019. The volunteers and programme officers actively participated in this drive. Sri. P.B.Nooh IAS, District collector Pathanamthitta inaugurated the function. His presence was a motivation for the volunteers. The drive was a wonderful opportunity for the volunteers for being a part of the cleanliness drive of the country.



15. Awareness class on Disaster Management by Fire force Department

Awareness class on disaster management was held on 19th October 2019. Sri.BijuMon and Sri.Robert Thomas, Civil Police Officers of Fire Station, Konni handled the session with awareness class and videos and live demo on disaster management. The programme was informative.



16. Physical Fitness Program

The fit India Yoga Demo was held at the college on 21/12/2019. Demonstration of different asanas were explained by the trained volunteers.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



17. Suchitwa survey (Cleanliness survey)

The survey was held on 22ndDecember 2019 at different wards of Konni Grama Panchayat by the NSS volunteers. The volunteers visited the houses and provided awareness on the importance of the waste management system and highlighted the impacts of burning plastic waste.



18. Valicheriyal muktha gramam (Distribution of Cloth bags)

Students visited each house of Konni Gramapanchayath on 22ndDecember 2019 and handed over the cloth bags. They advised them to use cloth bags and reduce the use of plastic bags and environment pollution.



19. Leadership training Program

Seminar on the topic 'Leadership training' was delivered by Dr.Biju Pushpan, Principal, SAS SNDP Yogam College, Konni. It was an informative session for the students on 23rdDecember 2019.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

20. Adavi cleaning Drive

Adavi is an eco tourism centre. Students went to Adavi for the cleaning drive on 24th December 2019 at 10.00 am. They conducted a mass cleaning drive at Peruvali two kilometers away from Adavi Ecotourism Center and collected plastic bottles and waste s from both sides of the road to Adavi. An awareness campaign was also held at Adavi. They planted bamboo tree saplings at the sides of the lake. The volunteers spent the whole day at Adavi



21. Sabarimala Duty 'Sudarsanam'

Students actively participated in the Sabarimala Duty 'Sudarsanam' in association with the Department of Social Justice, from 16th December 2019 to 30th December 2019. 28 students participated in the programme. They actively involved in the Pamba cleaning drive and also actively rendered all the help to the needy pilgrims.



22. Seminar on 'Gender Issues' organized by the Women Development Cell

On 5th March 2020, a seminar was conducted on the topic "Gender Issues". Dr Adithi (Rtd Professor of Psychology, MG College, Thiruvananthapuram, handled the classes.



In the afternoon students performed many programmes, including those items presented in the University Youth festival.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



23. Women's Day observance

Womens Day was observed on the International Women's day on 8th March 2020. Students honored Smt.Sosa teacher who has been teaching kids for the last 68 years. They handed over groceries, Cash gifts and wore ponnada as a token of appreciation in the presence of kudumbasree members. The teacher shared her teaching experiences of the last 68 years. It was a very touching and inspiring story.



2018 - 2019

1. Observed reading day with various activities

Reading day was observed on 20th June 2018. A debate was held on the topic 'Reading Habits and Social Media'. The students actively participated in the debates with their own viewpoints. It was very informative. The Mathematics Department conducted an elocution competition also.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

2. International Yoga Day Celebrations

International Yoga Day was observed on 21st June 2018. Dr.Kishorekumar, Head, Physical Education Department of our college demonstrated the different asanas and SuryaNamaskar,he also highlighted the importance of practicing yoga in daily life.



3. Independence day Celebrations

Independence Day was celebrated on 15th August. Everyone gathered on the campus for the flag hoisting ceremony which was done by the Principal.



4. Flood Relief Activities



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

5. Blood Donation Camp was held in association with Blood Donors Kerala Pathanamthitta Chapter and Pathanamthitta Govt.Hospital

A Blood Donation camp was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination of the doctors of Govt hospital, the students donated the blood to the blood bank. 46 students donated blood. 74 volunteers registered for the programme. The medical team of the government hospital monitored the students at every moment of blood donation. The news was published in leading newspapers and in channels.



6. Women Development Cell organized a seminar on ‘ Need To Build A Critical Mass Of Trained Women’

Dr M S Sunil, renowned Social Activist and philanthropist was the resource person. On the occasion she spoke about the need to build a critical mass of trained women, competent to hold high positions in society. She highlighted the idea that women should be more self-reliant to empower the society.



7. Gandhi Jayanthi Celebrations

Celebrations were held on 2nd October 2018. ‘Suchitwa Bodhavalkarana Rally’ and Construction of medicinal gardens were held. Suchitwa Sandesha rally was held from college Gate to cherimukku. Campus cleaning also performed.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



8. Blood Donation camp conducted in association with Blood Donore Pathanamthitta Chapter and Govt. Hospital Pathanamthitta

Blood donation camp was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination by the doctors of Govt hospital, the students donated blood to the blood bank. 46 students donated blood. 74 volunteers registered for the programme. The medical team of the government hospital monitored the students at every moment of blood donation. The news came in leading news papers and in channels



9. An Eyecare Camp was organised by the NSS and Youth Welfare & Soft Skill Development Dept in association with Ahalia Foundation, Pathanamthitta

National Service Scheme and Youth welfare & Soft Skill Development Department jointly organised an Eyecare camp in association with the Ahalia Foundation Pathanamthitta at Anganwadi, Cherrimukku, Konni on 14th November 9.00 am onwards. Sri. Praveen Plavilayil, Vice president ,KonniGramapanchayath inaugurated the function. Dr.Priya Senan V welcomed the audience and Prof. Shaji N Raj Programme Officer rendered the vote of thanks. Sri.Sarath S, Nodal officer, Youth soft skill development department, Sri. Ajil B Nair, Administrator, Ahalia Foundation, Smt.Minu P Aji, PRO, Ahalia Eye care foundation delivered felicitations in the function.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

10. Childrens Day Celebrations - 'Poompattakalkkoru Sammanam-2018'

Poompattakalkkoru Sammanam was held In connection with the childrens day on November 14th 2018, at Cherimukku Anganwadi, Konni. Sri.Praveen Plavilayil, Vice president, Konni Grama Panchayat and Dr.Priya Senan V, NSS Programme officer handed the gifts and toys to the kids. Cultural programmes of the NSS volunteers and kids were also held. It was a memorable day.



11. Vishappurahitha Konni- Providing food for the patients and bystanders of Konni Taluk Hospital

National Service Scheme volunteers actively participate in providing food for the patients and bystanders of Konni Taluk Hospital. They are involved in the preparation and serving of lunch. The fund is raised by students and staff of the college.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

12. Sneha thullikal - Blood Donation Programme

A Blood donation Programme was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination of the doctors of Govt hospital, the students donated blood to the blood bank. 46 students donated blood. 74 volunteers registered their names. The medical team of the government hospital monitored the students at every moment of blood donation. The news was published in leading newspapers and channels.



13. Republic day celebrations 2019

Principal hoisted the National flag and delivered the messages. Clean Campus, Green Campus activities were also conducted on the campus.



14. Surakshithagathagatham '(Safe Journey): Awareness and traffic control program

The programme 'Surakshithagathagatham' (Safe Journey) was an awareness and a traffic control program. The National Service Scheme volunteers conducted an awareness campaign on the importance of wearing helmets and obeying the traffic rules. The volunteers also gave assistance in controlling the traffic.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



15. Sneha sparsham - Helping the needy people in the society

The money earned through the sales of lotion, soap etc manufactured by the students are utilized for helping the marginalised people in the society. This time groceries, some amount of money are given to an old lady who is living alone after the death of her only son.



16. Women's Day Celebrations

A team of students attended the women empowerment programme at Catholicate College, Pathanamthitta organised by Seethalayam, women's wing of state Homeopathy Department on women's day(08-03-2019). Students participated in a speech competition and won prizes.

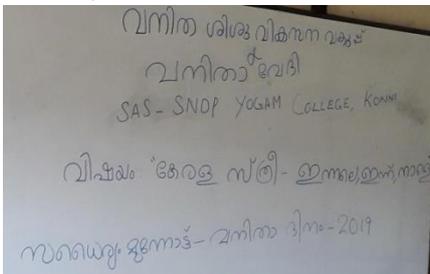
PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



There was a poster designing competition for boys and girls which was in collaboration with the Women and children development forum , Pathanamthitta chapter of the state government.



On women's day (08/03/2019), a discussion was organised by the women cell on the progress of women in the society. The programme was inaugurated by the coordinator of the women cell, Dr Binu V. The programme was conducted in association with the Women and children development forum , Pathanamthitta chapter of the state government.



2017 - 2018

1. International Yoga Day Celebrations

Observed International Yoga Day on 21st June 2017. Sun Salutation and various asanas were introduced to students. Dr Kishor Kumar B S, Physical Education Director was the main instructor.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA



2. Independence Day Celebrations

Independence Day was celebrated by the students and staff on 15th August 2017. Campus cleaning programmes - 'Suchi ' was performed by the students.



3. Onam Celebrations

Onam is a ten-day festival and Thiruvinnam is the most important day of the celebration. Each of the ten days has its own importance and various rituals and traditions are conducted accordingly. Onam celebrations was conducted on the campus on 09/09/2016 with various programs.



4. Organic Literacy Drive -Jaivom - Seven Day Camp was held at Kanjirappally Panchayath

The seven day camp of Jaivom (Organic literacy drive) 2017 of SASSNDP Yogam College started on 1st October 2017 and ended on 7th October 2017. Inauguration was held at Kanjirappally Town.

A handwritten signature in green ink, likely of the Principal, is located at the bottom left of the page.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

St. Antony's Public School, Anakkal, Kanjirappally



Jalvam 2017- NSS team



5. Gandhi Jayanthi Celebrations

2nd October 2017- The whole week was observed as a clean week. The students collected all the plastic wastes from the campus and made the campus plastic free.



6. Conducted a seminar on 'Drug abuse and its health consequences'.

One day Anti drug awareness seminar was held on 01/11/2017. Sri Binu Vargheese, Civil Excise Officer Delivered a talk on 'Drug abuse and its health consequences'. Sri. Ajoy Bhaskar Convener Antidrug club welcomed the audience. Dr. Biju Pushpan, Principal SAS SNDP Yogam College, presided over the function, Dr. Joji Joshua Conveyed the message of the programme.



7. Poompattakalkkorusammanam - Children's Day Celebrations

In connection with the children's day on November 14th, organised a programme 'Poompattakalkkorusammanam' at Cherrimukku Anganvadi, Konni. It was memorable for

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

everyone . The gifts and toys were handed over to the kids and the teacher by the dignitaries.



Inaugural address by Sri. Praveen Panchayil, Vice president, Gramamancherath, Konni

8. Diabetes Awareness Rally

World Diabetes Awareness Rally was organized on 14th November 2017 in connection with the World Diabetes Day 2017. The focal theme of this year was 'Women and Diabetes- our right to a healthy future'. The rally was flagged off at Konni central junction by Dr.Biju Pushpan, Principal of the college. Students displayed placards showing the importance of walking and exercise to control diabetes. They also spread the message of protecting women from diabetes since they are the gatekeepers of the family.



Diabetes awareness rally flag off by Dr.Biju Pushpan, Principal, SAS SNDP Yogam College, Konni

9. Blood Donation Camp

A blood donation camp was held on 28/11/2017 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. Blood Donation awareness classes were also held in connection with the camp. The medical team of government hospitals monitored the students at every moment of blood donation.



News Corner



10. Discussion on 'Health and Hygiene' organised by women development cell

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA

A discussion was conducted on “Health and Hygiene” for the 1st Year students on 02nd December 2017 which was led by Dr. Indu C Nair (Associate Prof. BioTechnology). During discussion health and hygiene were explained in its proper meaning. Also discussed its importance in our everyday life.



11. Women development cell organised a seminar on “Women’s Rights’

On 12-12-17, Advocate Manoj Krishna (Associate Professor, Govt. Law College, Thiruvananthapuram), delivered a speech on “Women’s Rights”. He pointed out that there are suitable laws to protect women from harassment. The lack of awareness hinders affected people from attaining justice.



2016 - 2017

1. Visit to Anganwadi

Visit to Anganwadi was held on 15th June 2016. Toys and Books were given to the kids and spent the whole day with kids with different activities.



2. International Yoga Day Celebrations

The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. Yoga is an ancient physical, mental and spiritual practice that originated in India. The word ‘yoga’ derived from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness. It is observed on 21st June every year. Various programs were organised in

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA

connection with it. A training program was arranged on 19/06/2016 to give the students awareness on sun salutation and various yoga poses under the guidance of Dr. Kishore Kumar BS, Director, Physical education Department.



3. Hiroshima Day was observed on 6th August 2016

Hiroshima Day is observed every year on August 6 to promote peace politics and raise awareness of the effects of the bomb attack on Hiroshima. Hiroshima city was attacked by an atomic weapon that killed thousands of lives instantly on August 6, 1945. This year Hiroshima Day was observed on our campus on August 6th 2016. In connection with it, a poster designing competition was organized on the focal theme 'War and Peace'.



4. Independence Day Celebrations

Independence Day marks the end of British rule in 1947 and the establishment of a free and independent Indian nation. Students, staff and faculties gathered together in the morning and participated in the National flag hoisting ceremony



5. Thiranga March organised on 22/08/2016

Organised 'Thiranga March' on 22/08/2016 by the students of National Service Scheme from College Campus to Cherimukku junction, in connection with the Independence Day Celebrations to raise the importance of national integration.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



6. 'Oru Kaithangu' - Rendering help to the needy and marginalised people in the society

'OruKaithangu' is meant to render help to the needy and marginalised people. An amount of Rs. 5,750/- were collected by the students for the liver transplantaion of Sri.Vijish and Prof.P.K. Mohanaraj, Principal of the College handed over the money to his wife Saranya Vijesh on 23/08/2016.



7. 'World Diabetes Awareness Rally'

'World Diabetes Awareness Rally' was organized on 14th November 2016 in connection with the World Diabetes Day 2016. The rally was inaugurated by Prof.P.K.Mohanaraj, Principal of the college at Konni central junction.Volunteers displayed placards to raise the importance of exercise to control diabetes.



8. Children's Day Celebrations- 'Pompattakkoru Sammanam'

In connection with Children's day celebrations,organized a programme 'Pompattakalkkoru Sammanam' at Cherimukku Anganwadi (No.44) on 14th November 2016 at 2.00 PM. The function was inaugurated by the college Principal Prof.P.K.MohanaRaj and Konni Grama Panchayat President Smt.Rajani M presided over the function.

PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI. PATHANAMTHITTA



9. Republic Day Celebrations

Every year Republic Day is celebrated on **26th January** with zeal and enthusiasm. Students and staff gathered in the morning and attended the flag hoisting ceremony. On the same day a 'Shramadhan' was conducted at Konni.



10. Poster Designing Competition on the topic 'AIDS and Society'

As part of the AIDS awareness program, every year college organises many programs like rallies, poster designing competitions etc on . This year a poster designing competition was held at the college.



11. Soft skill development training 'Naipuni' was held on 18th February 2017. Training on soap making, lotion , paper file and paper bag making were given to the NSS Volunteers. Soft Skill Trainer Smt. Ambili D Nair trained the volunteers.



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA



PRINCIPAL
SAS SNDP YOGAM COLLEGE
KONNI, PATHANAMTHITTA