

SAHODARAN AYYAPPAN SMARAKA
SNDPYOGAM COLLEGE, KONNI, PATHANAMTHITTA, KERALA
AFFILIATED TO M G UNIVERSITY, KOTTAYAM

CRITERION 7

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 Institutional Values and Social Responsibilities

7.1.9: Sensitization of students and employees of the institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Submitted to
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
OCTOBER 2021



7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens (within 500 words)

List of Activities

2020-2021

Sl No	Date	Activity	No of participants
1.	05/06/2020	Environment Day Celebrations	25
2.	17/06/2020	“Thanalai maraam”- Donating TV to poor children	30
3.	19/06/2020	Reading day Celebrations	40
4	19/06/2020 to 21/06/2020	Yoga Day Celebrations	35
5.	21/06/2021	“Pithru Dinaacharanam” - Fathers day celebrations	40
6.	17/07/2020	Paper Bag day celebrations	25
7.	25/07/2020	National Parents Day Celebrations	35
8.	15/08/2020	Independence Day celebrations	40
9.	26/08/2020	Women equality day	27
10.	05/08/2020	Teacher’s Day Celebrations	40
11.	08/09/2020	International Literacy Day	45
12.	16/09/2020	Ozone day Celebrations	40
13.	22/09/2020	Tourism day	20
14.	02/10/2020	Gandhi Jayanthi Celebrations	30
15.	16/10/2020	World Food Day	27
16.	17/10/2020	International day of Poverty Eradication	20
17.	13/12/2020	“Moonnu Vriksha Thai Nadeel”	30
18	12/01/2021	Youth Day	40
19.	03/03/2021	Voters ID Registration	26
20.	08/03/2021	International Women’s Day	25

2019-2020

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1.	05/06/2019	World Environment day	35
2.	06/06/2019	Sahapadikku Snehasparsam	10
3.	14/06/2019	Blood donation Awareness Day -14 th June	07
4.	21/06/2019	Yoga Day Celebrations	22
5.	01/08/2019	Campus Cleaning	67
6.	02/08/2019	Anti Drug Awareness seminar on 2 nd August 2019	85
7.	08/08/2019	Legal awareness campaign handed over niyama padam on 8 th August 2019	07
8.	15/08/2019	Independence Day activities-Flag hoisting	47
9.	16/08/2019	Flood relief collection drive on 16 th August 2019	08
10.	18/08/2019	Vishappurahitha Konni on 18 th August 2019	06
11.	02/09/2019	Teachers Day-2 nd September 2019	32
12.	19/09/2019	Colony visit 19/09/2019- Awareness on Plastic waste management, Cleanliness awareness drive, Suchitwa survey, distribution of vegetable seedlings, green protocol awareness campaign - campus to community	15
13.	24/09/2019	Gandhiji @50- Suchitwa Sandesha rally,, 24th September 2019, Garden Cleaning	175
14.	24/09/2019	old age home visit	12
15.	02/10/2019	Gandhi Jayanthi Day-Ring road cleaning	108
16.	12/10/2019	Pen Collection Drive	10
17.	19/10/2019.	Disaster Management class by Fireforce department	86
18	21/12/2019	Physical Fitness programme	100
19	22/12/2019	Suchitwa survey	100
20	22/12/2019	Distribution of cloth bags	100
21	23/12/2019	Leadership training	100
22	24/12/2019	Adavi-Cleanliness Drive	100



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23 23	30/ 30/12/2019 to 16/01/2020	Sabarimala Duty Department of Social justice	
24	8/03/2019	Women's day Celebration	08

2018-2019

1.	06/06/2018	'Veettinoruveppinthal' - Distribution of saplings of Kariveppu	18
2.	15/08/2018	Independence Day Celebration	51
3.	21/08/2018	Flood Relief Activities- Packing kits	05
4.	02/10/2018	Gandhi Jayanthi Celebrations	13
5.	04/10/2018	Blood Donation Camp	74
6.	14/11/2018	Eye Care Camp	33
7.	14/11/2018	'Poompattakalkkoru Sammanam' - Children's Day Celebrations	33
8.	16/12/2018	'Vishappurahitha Konni'- Food Donation Programme	03
9.	22/01/2019	Sneha Thullikal - Blood donation Programme	2
10.	6/01/2019	Republic Day Celebrations	92
11.	2/02/2019	SurakshithaGathagatham	30
12.	7/02/2019	'Snehasparsham'	03
13.	11/03/2019	International Women's Day Celebrations	30

2017 - 2018

1.	05/06/2017	World Environment Day	50
2.	21/06/2017	International Yoga Day	28
3	15/08/2017	Independence Day activities- 'Suchi'	50
4.	01/09/2017 to 07/09/2017	Jaivom Seven Day Camp at Kanjirappally Panchayath- Organic Literacy Drive	25



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5.	02/10/2017	Gandhi Jayanthi Celebrations	118
6.	02/10/2017	Construction of Medicinal Garden & Nakshatra Vanam	25
7.	01/11/2017	Conducted a seminar on 'Drug abuse and its health consequences'.	134
8.	14/11/2017	'Poompattakalkkoru Snehasammanam'- Children's Day Programme	12
9.	14/11/2017	Diabetes Awareness Rally	110
10.	28/11/2017	Blood Donation Camp	145
11.	12/01/2018	'Suchi' - Campus cleaning programme	25

2016-2017

1.	05/06/2016	World Environment Day	26
2.	15/06/2016	Visit to Anganwadi	06
3.	21/06/2016	International Yoga Day	50
4.	06/08/2016	Hiroshima Day	20
5.	15/08/2016	Independence Day	87
6.	19/08/2016	Traffic Awareness Programme-organised by Police Department	40
7.	22/08/2016	Thiranga March- In connection with Independence Day	150
8.	23/08/2016	OruKaithangu- An amount of Rs. 5750 has given for Liver transplantation (Mr.Vijesh)	5
9.	02/11/2016	'My Campus ;Plastic Free Campus'- Release of logo by Prof.P.K. MohanaRaj , Principal SAS College	15
10.	14/11/2016	World Diabetes Awareness Rally	68
11.	14/11/2016	'PoompattakalkkoruSammanam'- Children's Day Programme at Anganwadi	24
12.	26/01/2017	Republic Day Celebrations	68
13.	17/02/2017	Poster Designing Competition- Theme- AIDS and Society	25



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14.	18/02/2017	'Naipuni'- Skill Development Training-Trainer- Smt.Ambili D Nair, Life Skill Trainer	40
15.		Toilet Construction	25
16.	16/03/2017	Anti Drug Awareness Campaign and Class	40

2020-21

1. Environment Day Celebrations

In connection with the environment day celebrations, three programs were organised. The first one was 'Oralkku oru Kalpavriksham' in which students were asked to plant a coconut tree in their courtyard. The second was a digital photography contest. The third one was a webinar on 'Time for Nature' by Dr Oommen V Oommen(former Kerala Biodiversity Board Chairman).



2. Thanalayi maaram - Supporting poor children by donating TVs for attending online classes

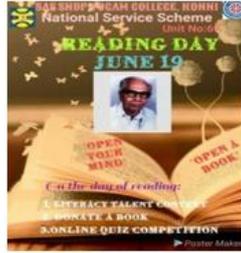
This programme was conducted to give support for backward or poor children who are not able to attend online classes in this pandemic situation. Through this program 4 new televisions were handed over by the Principal and PTA secretary to local poor children.



3. Reading Day Celebrations

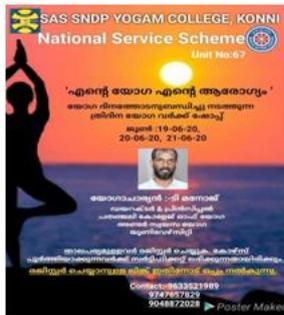
In association with the reading day, three programs were organised: a literacy talent test, donation of books where story books were donated or recited by students. A quiz competition was also performed related to the reader's day.

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4. Yoga Day Celebrations

A three day workshop from 19/06/2020 to 21/06/2020 was organised in connection with the International Yoga Day. An online platform was opened for different faculties and students for learning and practising yoga at free of cost. The workshop was handled by Yogacharya Manoj, Director and Principal Patanjali College of Yoga. On June 21st, a national seminar on 'Yoga and Immunity' was organised to convey the importance of practising yoga.



5. 'Pithru dinaacharanam' - Father's Day Celebrations

Three programs were organized in connection with Father's day. They were taking selfies with their father, traveling through their father's life path and paadanamskaram.



6. Paper bag day Celebrations

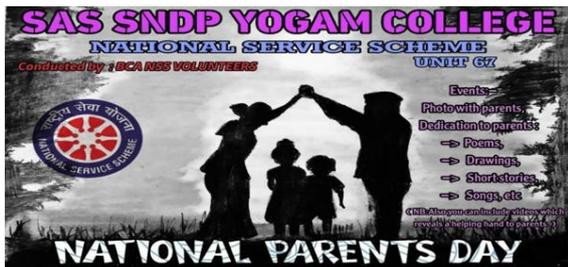
It is a day to spread awareness about using paper bags instead of plastics. The adverse impacts of plastic bags on the environment have led to the use of paper bags. Students made paper bags on this day.

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7. National Parent's Day Celebrations

Celebrated with photos with Parents (includes drawings, old photos), poem recitation, short story telling etc through the online platform.



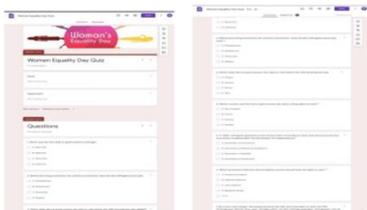
8. 74th Independence Day Celebrations

Several competitions were organised in connection with the independence Day. Those include 'Speak up Stay Safe' 2min speak up audio challenge, Online quiz relating to Indian Independence and Flag making



9. Women Equality Day Celebrations

An online quiz was conducted in connection with women equality. Many students participated in the program.



10. Teacher's Day Celebrations

5th September is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to society. September 5th is the birth anniversary of a great teacher Dr Sarvepalli

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Radhakrishnan, who was a staunch believer of education and was a well-known diplomat, scholar, the President of India and above all, a teacher. Three programs were arranged in connection with Teacher's Day. Selfie with teacher, Drawing competition, and an online quiz.



11. International Literacy Day

International Literacy Day takes place on September 8 every year to raise awareness and concern for literacy problems that exist within our own local communities as well as globally. International Literacy Day was founded by proclamation of The United Nations Educational, Scientific and Cultural Organization, or UNESCO, in 1966 “to remind the public of the importance of literacy as a matter of dignity and human rights’. In connection with the International Literacy day, Quiz Contest, Speech Contest, and an Essay Competition were organized.



12. International Day For Preservation of the Ozone Layer

World ozone day is celebrated on 16th September every year. It is celebrated to spread awareness on the depletion of the ozone layer and search for solutions to preserve it. College celebrated with various online activities like poster making competition and essay competition- Topic was ‘Protection from Ozone Depletion’.



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13. Tourism Day

World Tourism Day is commemorated each year on 27 September to foster awareness among the international community of the importance of tourism and its social, cultural, political and economic value. It was celebrated with essay writing competition, poster making and photography contest



14. Gandhi Jayanthi Celebrations

Seminar on 'Ente Hridayathile Gandhi' by Shri John Eappen (Malayalam Professor, Marthoma College) was organized on the Day of Gandhi Jayanti through google meet at 7pm.



15. World Food Day Celebrations

World Food Day is celebrated every year around the world on October 16. The day is celebrated to mark the anniversary of the founding of the Food and Agriculture Organisation (FAO) OF THE United Nations in 1945. Speech competition, essay competition and poster making competition were held in this regard



16. International day of Poverty Eradication

The International Day for the Eradication of Poverty is held annually on 17 October to provide: an opportunity to acknowledge the effort and struggle of people living in poverty; a chance for them to make their concerns heard; and. a moment to recognize

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that poor people are the first ones to fight against poverty. Three programs were organized. Speech competition, essay writing competition, and drawing competition.



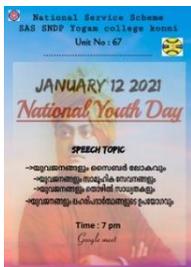
17. “Moonnu Vriksha Thai Nadeel”

Planting 3 tree plants. One is to be planted in the house courtyard and the other two on the nearby roadside.



18. National Youth Day Celebrations

National Youth Day is celebrated on January 12, every year in India to honor the birth anniversary of Swami Vivekananda, one of India's greatest leaders and believers of youth power. He pushed for national integration in colonial India, and his famous speech remains as the one that he gave in Chicago in 1893. In connection with the celebrations a speech competition was held on the topics ‘Yuva janangalum thozhil saadhyathakalum’, ‘Yuva janangalum cyber lokavum’, and ‘Yuvajanangalum samuhya sevanangalum’

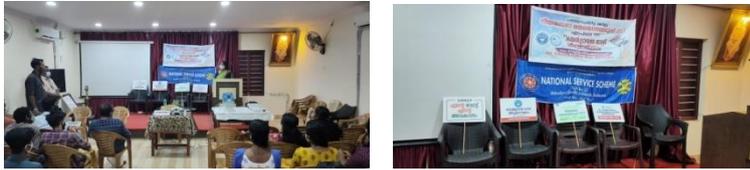


19. Voters ID Registration and Election awareness class in association with SVEEP, Pathanamthitta



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Systematic Voter's Education and electoral Participation (SVEEP) conducted an awareness program to motivate the student voters and ensure their participation in the electoral process.



20 . International Women’s Day Celebrations

In association with women’s day celebrations, students participated in a blood donation camp at Govt. Hospital Pathanamthitta. A film fest was also arranged in association with the women and child development department, Pathanamthitta.



In the evening a webinar organised by the women cell on Gender equality was delivered by Dr. Bismi Gopalakrishnan, Director, School of Indian legal thought, Mahatma Gandhi University, Kottayam. She pointed out the importance of gender equality. Women should be aware of their rights and the laws to protect her. She should know how to use them. The view of men also should be changed .The coordinator of the women cell, Dr. Binu V, delivered the welcome speech and Dr. Indu C Nair proposed the vote of thanks.



21.' Thala Chaaykkaam'

Bedsheets and mats were donated to people sleeping in the streets.




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2019 - 2020

1. World Environment day Celebrations

World Environment day Celebrations were held on 5th June 2019. In connection with the environment day week, saplings were planted in the campus. The programme was jointly organized by the National Service Scheme and College Union.



2. 'Sahapadikku Snehaporvam' - Book collection and distribution program

In this programme the students donated their unused study materials to the NSS unit and they were handed over to the poor needy students.



3. Blood donation Awareness Day

Blood Donation Awareness day was observed on 14th June 2019. The NSS volunteers gave a brief awareness class on the importance of blood donation in all classes.



4. Yoga Day Celebrations

Yoga day was observed on 21st June 2019 in association with the physical education department. Dr.Kishore Kumar B S, Head of the Physical Education Department provided instructions regarding how to pose each asana.

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5. Campus Cleaning -Kalalaya Sucheekaranam

Two weeks Campus cleaning drive was held in the college from 1st to 15th August 2019. NSS Volunteers actively participated in the cleaning programme.



6. Anti Drug Awareness Seminar and Campaign

An Anti Drug Awareness seminar and campaign was organised in association with the Excise Department on 2nd August 2019. Sri.Konniyoor P.K, Konni Block Panchayat President inaugurated the seminar and Smt.Sheenu K.S, Civil Excise Officer delivered the talk on the topic 'Drug abuse and health impacts'. Smt. Rajitha R, Civil Excise Officer conveyed the anti drug oath.



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7. Legal Awareness Campaign in association with the District Legal Service Authority

The programme was organized in association with the District Legal Service Authority. The copies of the handbook 'Niyamapadam' were handed over to Gokul.S and Sandra Krishnan by Dr.Biju Pushpan, Principal of the College on 8th August 2019. The hand books were given to all the students of the college. It was very useful for the students and staff for legal reference.



8. Independence Day Celebrations

Independence day was celebrated on our campus on 15th August 2019. Capt.Suraj.S, NCC Officer and Dr.Priya Senan V, NSS Programme Officer jointly hoisted the National flag. Independence day messages were delivered by Capt.Suraj and Dr.Priya Senan V.



9. Flood relief collection drive

A Flood relief Collection drive was held on the campus on 16th August 2019. The staff and students participated in the collection drive. The materials were collected, sorted and packed for delivery.



10. 'Vishappurahitha Konni' - Providing food to the patients and bystanders of Govt Hospital, Konni-

The programme 'Vishappurahitha Konni' was organized at Taluk Hospital Konni on 18th August 2019. Lunch was served to the patients and bystanders of the hospital. The students actively

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participated in preparing and serving food. It was a touching experience.



11. Teachers Day Celebrations

Teachers Day is a special day for honoring teachers. It was observed on 2nd September 2019. The students honoured the teachers with rose flowers as a token of gratitude. All the teachers were assembled on the campus and it was a nice programme.



12. Awareness on 'Plastic Waste Management'

The programme was held at our adopted village, Vattakavu Colony on 19/09/2019. The NSS volunteers visited the houses and gave instructions regarding the plastic waste management. They also explained the environmental impacts of plastic on combustion. They advised them to take measures to reduce the plastic kits and replace them with cloth kits. The leaflets and green protocol booklets were also distributed .



13. Suchitwa Sandesha Rally

Rally was conducted from the college gate to Cherrimukku junction on 15th August 2019. The volunteers actively participated in the rally with placards and environmental awareness slogans.



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14. Snehasanthwanam'-Old age Home visit

In connection with NSS@50 volunteers visited the old age home 'Prathyasa Bhavan' at Payyanamon Konni. It is the place for those who have no family or have been abandoned by their families. The volunteers collected the provisions and handed them over to the authorities. It was a life changing experience.



15. Gandhi Jayanthi Day-Ring road cleaning

As part of Gandhi Jayanthi Celebrations a cleaning drive was held at Ring Road, Pathanamthitta from Aban junction to Sreevalsam textiles, 2km distance on 2nd October 2019. The volunteers and programme officers actively participated in this drive. Sri. P.B.Nooh IAS, District collector Pathanamthitta inaugurated the function. His presence was a motivation for the volunteers. The drive was a wonderful opportunity for the volunteers for being a part of the cleanliness drive of the country.



16. Pen Drive'-Collection of used pen

NSS volunteers collected used pens in and around the campus. The programme was aimed to give an awareness on not to throw the used pen on the campus. The collected pens were handed over to the concerned agencies.

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17. Awareness class on Disaster Management by Fire force Department

Awareness class on disaster management was held on 19th October 2019. Sri.BijuMon and Sri.Robert Thomas, Civil Police Officers of Fire Station, Konni handled the session with awareness class and videos and live demo on disaster management. The programme was informative.



18. Physical Fitness Program

The fit India Yoga Demo was held at the college on 21/12/2019. Demonstration of different asanas were explained by the trained volunteers.



19. Suchitwa survey (Cleanliness survey)

The survey was held on 22ndDecember 2019 at different wards of Konni Grama Panchayat by the NSS volunteers. The volunteers visited the houses and provided awareness on the importance of the waste management system and highlighted the impacts of burning plastic waste.



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20. Valicheriyal muktha gramam (Distribution of Cloth bags)

Students visited each house of Konni Gramapanchayath on 22ndDecember 2019 and handed over the cloth bags. They advised them to use cloth bags and reduce the use of plastic bags and environment pollution.



21. Leadership training Program

Seminar on the topic 'Leadership training' was delivered by Dr.Biju Pushpan, Principal, SAS SNDP Yogam College,Konni. It was an informative session for the students on 23rdDecember 2019.



22. Adavi cleaning Drive

Adavi is an eco tourism centre. Students went to Adavi for the cleaning drive on 24th December 2019 at 10.00 am. They conducted a mass cleaning drive at Peruvali two kilometers away from Adavi Ecotourism Center and collected plastic bottles and waste s from both sides of the road to Adavi. An awareness campaign was also held at Adavi. They planted bamboo tree saplings at the sides of the lake.The volunteers spent the whole day at Adavi.



23. Sabarimala Duty 'Sudarsanam'

Students actively participated in the Sabarimala Duty 'Sudarsanam' in association with the Department of Social Justice, from 16th December 2019 to 30thDecember 2019. 28 students participated in the programme. They were actively involved in the Pamba cleaning drive and also actively rendered all the help to the needy pilgrims.



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24. Women's Day observance

Womens Day was observed on the International Women's day on 8th March 2020. Students honored Smt.Sosa teacher who has been teaching kids for the last 68 years. They handed over groceries, Cash gifts and wore ponnada as a token of appreciation in the presence of kudumbasree members. The teacher shared her teaching experiences of the last 68 years. It was a very touching and inspiring story.



2018 - 2019

1. 'Veetnorukariveppinthal'

The NSS volunteers and the programme officers visited the vattakkavu colony (adopted colony) of Konni Grama Panchayat and distributed the saplings of 'Kariveppu' to promote the awareness of using pesticide free leaves. The saplings were collected from the homes of NSS volunteers itself.



2. Independence day Celebrations

Independence Day was celebrated on 15th August. Everyone gathered on the campus for the flag hoisting ceremony which was done by the Principal.

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3. Flood Relief Activities



4. Gandhi Jayanthi Celebrations

Celebrations were held on 2nd October 2018. 'Suchitwa Bodhavalkarana Rally' and Construction of medicinal gardens were held. Suchitwa Sandesha rally was held from college Gate to cherimukku. Campus cleaning also performed.



5. Blood Donation camp conducted in association with Blood Donore Pathanamthitta Chapter and Govt. Hospital Pathanamthitta

Blood donation camp was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination by the doctors of Govt hospital, the students donated blood to the blood bank. 46 students donated blood. 74 volunteers registered for the programme. The medical team of the government hospital

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monitored the students at every moment of blood donation. The news came in leading news papers and in channels



6. An Eyecare Camp was organised by the NSS and Youth Welfare & Soft Skill Development Dept in association with Ahalia Foundation, Pathanamthitta

National Service Scheme and Youth welfare & Soft Skill Development Department jointly organised an Eyecare camp in association with the Ahalia Foundation Pathanamthitta at Anganwadi, Cherrimukku, Konni on 14th November 9.00 am onwards. Sri. Praveen Plavilayil, Vice president ,KonniGramapanchayath inaugurated the function. Dr.Priya Senan V welcomed the audience and Prof. Shaji N Raj Programme Officer rendered the vote of thanks. Sri.Sarath S, Nodal officer, Youth soft skill development department, Sri. Ajil B Nair, Administrator, Ahalia Foundation, Smt.Minu P Aji, PRO, Ahalia Eye care foundation delivered felicitations in the function.



7. Childrens Day Celebrations - 'Poompattakalkkoru Sammanam-2018'

Poompattakalkkoru Sammanam was held In connection with the childrens day on November 14th 2018, at Cherimukku Anganwadi, Konni. Sri.Praveen Plavilayil, Vice president, Konni Grama Panchayat and Dr.Priya Senan V, NSS Programme officer handed the gifts and toys to the kids. Cultural programmes of the NSS volunteers and kids were also held. It was a memorable day.

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8. Vishappurahitha Konni- Providing food for the patients and bystanders of Konni Taluk Hospital

National Service Scheme volunteers actively participate in providing food for the patients and bystanders of Konni Taluk Hospital. They are involved in the preparation and serving of lunch. The fund is raised by students and staff of the college.



9. Sneha thullikal - Blood Donation Programme

A Blood donation Programme was held on 04/10/2018 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. After a brief examination of the doctors of Govt hospital, the students donated blood to the blood bank. 46 students donated blood. 74 volunteers registered their names. The medical team of the government hospital monitored the students at every moment of blood donation. The news was published in leading newspapers and channels.

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10. Republic day celebrations 2019

Principal hoisted the National flag and delivered the messages. Clean Campus, Green Campus activities were also conducted on the campus.



11. Surakshithagathagatham '(Safe Journey): Awareness and traffic control program

The programme 'Surakshithagathagatham" (Safe Journey) was an awareness and a traffic control program. The National Service Scheme volunteers conducted an awareness campaign on the importance of wearing helmets and obeying the traffic rules. The volunteers also gave assistance in controlling the traffic.



12. Sneha sparsham - Helping the needy people in the society

The money earned through the sales of lotion, soap etc manufactured by the students are utilized for helping the marginalised people in the society. This time groceries, some amount of money are given to an old lady who is living alone after the death of her only son.

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13. Women's Day Celebrations

A team of students attended the women empowerment programme at Catholicate College, Pathanamthitta organised by Seethalayam, women's wing of state Homeopathy Department on women's day(08-03-2019). Students participated in a speech competition and won prizes.

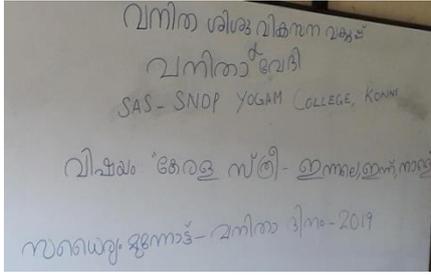


There was a poster designing competition for boys and girls which was in collaboration with the Women and children development forum , Pathanamthitta chapter of the state government.



On women's day (08/03/2019), a discussion was organised by the women cell on the progress of women in the society. The programme was inaugurated by the coordinator of the women cell, Dr Binu V. The programme was conducted in association with the Women and children development forum , Pathanamthitta chapter of the state government.


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2017-2018

1. World Environment day Celebrations

World Environment Day was celebrated on 5th June 2017. In connection with the environment day celebrations, various saplings were planted in the campus. Principal Dr.Biju inaugurated the celebrations by planting the Mango Tree. More than 100 saplings were planted by the students on campus premises.



2. International Yoga Day Celebrations

Observed International Yoga Day on 21st June 2017. Sun Salutation and various asanas were introduced to students. Dr Kishor Kumar B S, Physical Education Director was the main instructor.



3. Independence Day Celebrations

Independence Day was celebrated by the students and staff on 15th August 2017. Campus cleaning programmes such as 'Suchi 'were performed by the students.

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4. Organic Literacy Drive - Jaivom - Seven Day Camp was held at Kanjirappally Panchayat

The seven day camp of Jaivom (Organic literacy drive) 2017 of SASSNDP Yogam College started on 1st October 2017 and ended on 7th October 2017. Inauguration was held at Kanjirappally Town.

St. Annas Public School, Anakkal, Kanjirappally



Jaivom 2017, NSS team



5. Gandhi Jayanthi Celebrations

2nd October 2017- The whole week was observed as a clean week. The students collected all the plastic wastes from the campus and made the campus plastic free.



6. Construction of Medicinal Plant Garden/ Nakshatra Vanam.

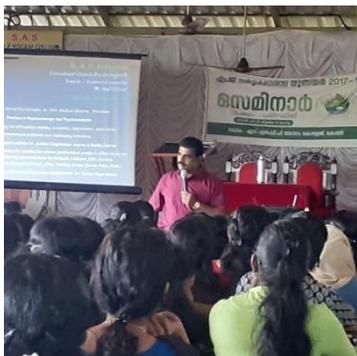
A Medicinal Garden/ Nakshthra vanam was constructed by the NSS Volunteers and monitored by the volunteers once in a week.

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7. Conducted a seminar on ‘Drug abuse and its health consequences’.

One day Anti drug awareness seminar was held on 01/11/2017. Sri Binu Vargheese, Civil Excise Officer Delivered a talk on ‘Drug abuse and its health consequences’. Sri.Ajoy Bhaskar Convener Antidrug club welcomed the audience. Dr.Biju Pushpan, Principal SAS SNDP Yogam College, presided over the function, Dr.Joji Joshua Conveyed the message of the programme.



8. Poompattakalkkorusammanam - Children’s Day Celebrations

In connection with the childrens day on November 14th, organized a programme ‘Poompattakalkkorusammanam’ at Cherrimukku Anganvadi, Konni. It was memorable for everyone . The gifts and toys were handed over to the kids and the teacher by the dignitaries.



Inaugural address by Sri. Praveen Pillaiyil, Vice president, Gramananchavath, Konni

9. Diabetes Awareness Rally

World Diabetes Awareness Rally was organized on 14th November 2017 in connection with the World Diabetes Day 2017. The focal theme of this year was ‘Women and Diabetes- our right to a healthy future’. The rally was flagged off at Konni central junction by Dr.Biju Pushpan,

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Principal of the college. Students displayed placards showing the importance of walking and exercise to control diabetes. They also spread the message of protecting women from diabetes since they are the gatekeepers of the family.



10. Blood Donation Camp

A blood donation camp was held on 28/11/2017 in association with Blood Donors Kerala Pathanamthitta Chapter and Government Hospital Pathanamthitta. Blood Donation awareness classes were also held in connection with the camp. The medical team of government hospitals monitored the students at every moment of blood donation.



11. 'Suchi' - Campus Cleaning Programme

Campus cleaning programme 'Suchi 'was performed by the students on 15th August 2017. Campus cleaning programmes were conducted whenever necessary.



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2016-2017

1. World Environment day Celebrations

World Environment day was celebrated on 5th June 2016. Various programs were organized in the college like poster designing, seminar etc.



2. Visit to Anganwadi

Visit to Anganwadi was held on 15th June 2016. Toys and Books were given to the kids and spent the whole day with kids with different activities.



3. International Yoga Day Celebrations

The International Day of Yoga aims to raise awareness worldwide of the many benefits of practising yoga. Yoga is an ancient physical, mental and spiritual practice that originated in India. The word 'yoga' derived from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness. It is observed on 21st June every year. Various programs were organized in connection with it. A training program was arranged on 19/06/2016 to give the students awareness on sun salutation and various yoga poses under the guidance of Dr. Kishore Kumar BS, Director, Physical education Department.



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4. Hiroshima Day was observed on 6th August 2016

Hiroshima Day is observed every year on August 6 to promote peace politics and raise awareness of the effects of the bomb attack on Hiroshima. Hiroshima city was attacked by an atomic weapon that killed thousands of lives instantly on August 6, 1945. This year Hiroshima Day was observed on our campus on August 6th 2016. In connection with it, a poster designing competition was organized on the focal theme 'War and Peace'.



5. Independence Day Celebrations

Independence Day marks the end of British rule in 1947 and the establishment of a free and independent Indian nation. Students, staff and faculties gathered together in the morning and participated in the National flag hoisting ceremony



6. Seminar on 'Traffic Awareness' was organized in association with Kerala Traffic Police on 19th August 2016.

On 19th August 2016, a seminar on 'Traffic Awareness' was organized in association with Kerala Traffic Police. Sri.Sharath Chandran C and Sri.Reju.V, Civil Police Officers, Konni Police Station, Pathanamthitta were the resource persons.



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7. Thiranga March organized on 22/08/2016

Organised 'Thiranga March' on 22/08/2016 by the students of National Service Scheme from College Campus to Cherimukku junction, in connection with the Independence Day Celebrations to raise the importance of national integration.



8. 'Oru Kaithangu' - Rendering help to the needy and marginalized people in the society

'OruKaithangu' is meant to render help to the needy and marginalized people. An amount of Rs. 5,750/- were collected by the students for the liver transplantation of Sri.Vijish and Prof.P.K. Mohanaraj, Principal of the College handed over the money to his wife Saranya Vijesh on 23/08/2016



9. My Campus ;Plastic Free Campus'- Release of logo

Declaration of 'My Campus; Plastic Free Campus' was held on 2nd November 2016 in our college Campus. Prof.P.K.Mohanaraj, Principal of the college handed over the logo to Dr.Binu V, Former NSS Programme Officer of the College. NSS volunteers were hold the role as 'Green volunteers' and were given awareness against the use of plastic materials and started whole year campaign against plastic



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10. 'World Diabetes Awareness Rally'

'World Diabetes Awareness Rally' was organized on 14th November 2016 in connection with the World Diabetes Day 2016. The rally was inaugurated by Prof.P.K.Mohanaraj, Principal of the college at Konni central junction. Volunteers displayed placards to raise the importance of exercise to control diabetes.



11. Children's Day Celebrations- 'Poompattakalkkoru Sammanam'

In connection with Children's day celebrations, organized a programme 'Poompattakalkkoru Sammanam' at Cherimukku Anganwadi (No.44) on 14th November 2016 at 2.00 PM. The function was inaugurated by the college Principal Prof.P.K.MohanaRaj and Konni Grama Panchayat President Smt.Rajani M presided over the function.



12. Republic Day Celebrations

Every year Republic Day is celebrated on 26th January with zeal and enthusiasm. Students and staff gathered in the morning and attended the flag hoisting ceremony. On the same day a 'Shramadhan' was conducted at Konni.



13. Poster Designing Competition on the topic 'AIDS and Society'

As part of the AIDS awareness program, every year college organizes many programs like rallies, poster designing competitions etc on . This year a poster designing competition was held at the college.

A handwritten signature in blue ink, likely belonging to the Principal of the college.

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14. Soft skill development training 'Naipuni' was held on 18th February 2017. Training on soap making, lotion , paper file and paper bag making were given to the NSS Volunteers. Soft Skill Trainer Smt. Ambili D Nair trained the volunteers.



15.Toilet Construction by NSS Volunteers

NSS Volunteers of the college constructed a toilet at Aruvappulam ward in Konni Grama Panchayath in association with Suchitwa Mission, Pathanamthitta.



16. Anti Drug Awareness Campaign and Class

Anti Drug Awareness Campaign and Class were held in association with Excise Department and CAN channel March 2017



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